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classes for personal and professional development





# youth camps 2018

### at PARKLAND COLLEGE

# Land Surveying and Mapping | Automotive | Motorsport First Gig Rock 'n' Roll | CSI | College for Kids | Welding

**Questions?** Call us at 217/353-2055 or email btce@parkland.edu

register online at parkland.edu/btceRegister

# TAKE A CHANCE your satisfaction is guaranteed!

If you are not completely satisfied with your class/experience, we will gladly enroll you in a course of equal value. You may also request a full refund by contacting our office within 10 business days of course completion at 217/351-2235.



#### 2 College for Kids

Making learning **FUN** with classes in art, music, science, technology, and so much more.

#### 12 Youth Programs

**NEW** classes for Young Chefs and young artists; **PLUS** a great lineup of hands-on summer camps including two **NEW** ones: CSI Experience and Motorsport camps.

#### 15 Computers & Technology

Computer and device classes for all levels plus a **NEW** series on getting the most out of Google.

#### 18 Health & Wellness

Grab a fitness friend and check out boot camp, yoga, Pilates, and more; **NEW** classes on mindful eating and self-defense.

#### 21 Arts & Crafts

For the creativity within us all—knitting, beading, painting, glass craft, more. Bring a friend to share the fun!

#### 22 Music

Intermediate mountain dulcimer and a singalong/play-along repertoire class.

#### 23 Food & Beverage

Learn to make sushi, cook with grains, and concoct cool desserts; **PLUS** a fine wine tasting evening at Art Mart.

#### 24 Home & Garden

Beginning beekeeping, woodworking, and upholstery.

#### 25 History + Language & Writing

Fascinating Civil War classes; beginning Chinese, memoir writing, and poetry.

#### 26 Money Matters

**NEW** bucket list for soon-to-be or new retirees; **PLUS** helpful investing workshops.

#### 27 Recreation

Fun **AND** games: bridge, archery, sailing, horseback riding, **PLUS** gun safety.

#### 29 Travel

**NEW** daytrips: beer and chocolate in St. Louis; Impressionists at the Art Institute; flower farms; **PLUS** Chicago ethnic groceries and Missouri Botanical Garden. And enjoy Scotland, eastern Europe, and a mother-daughter European trip in the spring Armchair Travel series.

#### 31 Parkland Presents

**NEW** don't-miss shows and events at the Staerkel Planetarium, Giertz Gallery, and Parkland Theatre.

#### 33 Continuing Professional Education

**NEW** "Exclusive Management" and Manager's Toolbox series for workplace leaders; leveraging social media to build your business; nonprofit training; more **PLUS** skills-based training and certifications in food service, emergency vehicle driving, healthcare, CDL, much more.

#### 46 Parkland Campus Map

47 Register Now!



Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C CIrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C



College for Kids makes learning fun. Your kids will love our interactive classes in art, science, writing, technology, and more!

#### **Design & Create**

#### 3D Pen Creations, ages 11-13

Are you interested in learning to design and draw 3D objects? Join in the exciting adventure of creating with a 3D pen. You'll explore three-dimensional shapes and create an amazing project as you also learn to use the engineering process of ask, imagine, plan, create, test, and improve.

3D pens will be provided for in-class use.

| 6/18–6/28      | Mon–Thu 3–5 PM | CFK-466 002 |
|----------------|----------------|-------------|
| 6/18–6/28      | Mon–Thu 3–5 PM | PC \$159    |
| 7/9–7/19       | Mon-Thu 3-5 PM | CFK-466 004 |
| Deadline: 6/25 | PC             | \$159       |

#### NEW

#### Be an Architect, ages 10-13

Discover the fascinating world of architecture as you look at buildings and how you perceive space through the eyes of an architect. You will learn about the concepts of personal and cultural space as you design a model house. Working in groups, you'll use your creativity to design a variety of spaces using modelling, drawing, and collages. Learn about iconic buildings around the world and the famous architects that designed them.

| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-706 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### Crazy Paint Studio, ages 8-13

Explore the endless possibilities of paint! Brainstorm different ways to create paint using strange materials likes sawdust, salt, sand, dirt, and much more. Dabble in different types of paint as you explore using peculiar tools, such as sticks, sponges, brooms, palette knives, and bubble wrap to make your creations. By the end of the course, you will complete several paintings in order to construct one amazing composition piece.

| 6/18-6/28     | Mon–Thu 3–5 PM | CFK-344 002 |
|---------------|----------------|-------------|
| Deadline: 6/4 | PC             | \$159       |

#### Create Your Own Website

Do you dream of being a webpage designer? Learn to design, build, and publish your own website that includes images, text, sound, and more. You'll gain experience in coding and learn techniques that are ideal for those with little to no coding and design experience. This project-centered course will give you the opportunity to build your own original website and a group one.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| Ages 10–12     |                       |             |
|----------------|-----------------------|-------------|
| 6/18–6/28      | Mon–Thu 12:45–2:45 PM | CFK-355 001 |
| Deadline: 6/4  | PC                    | \$159       |
| Ages 11–13     |                       |             |
| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-355 003 |
| Deadline: 6/25 | PC                    | \$159       |

#### NEW

#### Dragon Nest Creations, ages 9-13

Join the quest to create artwork about the legendary creature—the dragon! Each champion artist may choose a ceramic dragon piece to paint from a wide-range of options. You will conquer different types of acrylic painting techniques to make your dragon creation come to life. Explore different types of glazing techniques to make your own unique dragon eggs. Along your epic voyage, learn about the mythical creatures that have intrigued centuries of people around the world and complete your own nest of creations inspired by the myth.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-456 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |



#### **Design & Create**

#### iPad Art Studio, ages 8–13

Interested in learning about digital media? Explore how to use iPad minis to develop a digital art portfolio. Rusty Clevenger will teach you to create your own stylized portraits, explore various photo-editing apps, create various types of animations, and the basics of digital storytelling. You will also learn interesting facts about visual and commercial artists that use similar digital media. The course will be capped off with an exhibition designed and set up by the students.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-322 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### Make Your Own Movie, ages 8–11

Be a part of a movie crew and write, produce, and edit your own mini-movie. Start your filmmaking experience by writing your own original story board. Using iPad minis, gain experience using cool apps to record your video, take fun pictures during the production stage, and edit footage into a quality movie. At the end of the session, your movie will be shown in a premiere party for family and friends.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-460 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### Metal and Jewelry Studio, ages 11-13

Use your hands and imagination to turn vibrant metals into unique works of jewelry and fun, yet functional pieces like a container. You will enjoy learning basic forming techniques used with copper. Denise Seif, a Parkland faculty member and artist, will teach you to make elaborate textures and patterns as you master how to solder, rivet, and patina copper. By the end of the course, you will have designed one of a kind pieces of jewelry that you will love to wear.

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-343 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### Paint Like the Masters, ages 10-13

Imitation is the sincerest form of flattery, and when it comes to painting, it is also one of the best ways to learn. For centuries aspiring artists have studied under great masters, copying and building on their techniques. Under the direction of professional artist Jackie Tice, you will learn about different paint handling techniques and the impact of color combinations while learning about the great masters of art.

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-369 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### Pocket Sketching, ages 8–13

Explore and record the world around you with the technique known as Pocket Sketching. This quick draw method is a visual arts journal for the artist. Grab your art pad, pens, and pencils, along with a portable supply kit as professional artist Jackie Tice helps you capture mood and character in the world around you.

| 6/18-6/28     | Mon–Thu 3–5 PM | CFK-347 002 |
|---------------|----------------|-------------|
| Deadline: 6/4 | PC             | \$159       |

#### Strategy Game Making, ages 10-13

Develop critical thinking skills using popular strategy games. Will you be able to survive an attack? Can you claim new territories before your enemies? Would being aggressive or more patient be helpful? Learn to identify different possible strategies and make informed decisions. Games as varied as Chess, Settlers of Catan, Munchkin, and Go will be broken down into their strategic elements to teach critical and strategic thinking. The class will culminate in making your own game from scratch.

| 7/9-7/19       | Mon–Thu 12:45–2:45 PM | CFK-704 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### NEW

#### **Textile and Fiber Fun**

Try your hand at making creative pieces of fiber art to express yourself! Using reusable textiles and materials, you'll design some fun projects that you will treasure. Design a beautiful cross stitch sampler using burlap as the background. Explore the endless possibilities of bringing color to a weaving project using a loom that you will construct. By the end of this camp, you will have all kinds of ideas for using sustainable materials to create beautiful works of fiber art.

Ages 11–13

| 6/18–6/28      | Mon–Thu 3–5 PM        | CFK-608 002 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| Ages 8–10      |                       |             |
| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-608 003 |
| Deadline: 6/25 | PC                    | \$159       |

#### Watercolor with Pencils, ages 8-13

Learn to shade and color with watercolor pencils and create beautiful works of art! Under the direction of professional artist Jackie Tice, you will explore color theory as well as techniques specific to the medium. This is a great class for students who love to draw and paint. As you learn, you will make some great works of art and develop your own artistic and visual style.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-346 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |



#### **Build, Compute, & Engineer**

#### Amazing App Inventor, ages 10-12

Do you have an idea for the next great app? Using iPads and the Swift Playgrounds app, you will learn the basics of iOS programming. Working in small groups, you will also brainstorm your very own app ideas and present them at an end of camp "tech exposition." iPad minis will be provided for you to use.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 6/18–6/28      | Mon–Thu 3–5 PM | CFK-362 002 |
|----------------|----------------|-------------|
| Deadline: 6/4  | PC             | \$159       |
| 7/9–7/19       | Mon–Thu 3–5 PM | CFK-362 004 |
| Deadline: 6/25 | PC             | \$159       |

#### NEW

#### Animation in Space, ages 9–13

It's time to create your very own space-themed animations! Whether you're interested in alien invasions, rocket launches, or planetary exploration, learn how professional animators bring drawings to life by using different production techniques, including timelines and key frames. You'll work individually and as part of a team with new friends who share your interests! In addition to computer-based drawing, you'll explore analog animation techniques including flipbooks, claymation, and human-based stop motion animation! At the end of the week, we'll have a premiere to share your animation with family and friends.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-476 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### NEW

#### Blast Off with Rocket Building, ages 11-13

Blast off as you learn all about model rocketry. Explore the fundamentals of rocketry and gain an understanding of aerodynamic stability, rocket propulsion, and recovery. Taught by Greg Smith, a member of the Central Illinois Aerospace Club, you will learn to build and fly your very own rocket. Gain a sense of accomplishment as you see your rocket soar! All students will be engaged in building their own rockets.

Additional materials fee of \$10 due at registration.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-421 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$169       |

#### Bridge Building, ages 8-10

Are you ready to take on the challenge of building some amazing bridges? Bring your curiosity and ingenuity as you will build replicas of real life bridges. You'll need your creativity as you learn about key bridge types, such as truss, arch, cantilever, suspension, and cable-stayed. Work in teams to figure out how to build these bridges and gain a real world understanding of the engineering behind the bridges.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-392 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |

#### Construction Junction, ages 8-11

Calling all kids who love to invent and build. Work in groups to build a Rube Goldberg machine and sharpen your problem solving skills. Like the game Mousetrap, these machines are really complicated, but perform a very simple task. You'll use a variety of materials to build your own contraption, device, or invention while learning about simple machines.

Please bring recyclable materials, such as paper towel rolls, cardboard boxes, empty soda bottles, PVC pipe, foam board, springs, scrap wood, and cardboard on the first day of class.

| 6/18–6/28      | Mon–Thu 12:45–2:45 PM | CFK-484 001 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-484 003 |
| Deadline: 6/25 | PC                    | \$159       |

#### From Dreamer to Designer: 3D Design Academy, Ages 10–13

Have a great idea for a 3D design? Take your idea from concept to prototype using cutting edge 3D design and modeling techniques. Working in groups, you'll take a real world design problem and create your very own design solution using TinkerCAD. Travis Ross, from the Beckman Institute Imaging Technology Group, will help you develop your ideas, design a product, and experience the prototyping process to create a physical 3D model. As you explore the exciting field of 3D design, you will also see how your digital skills may make a positive impact on the world.

| 6/18–6/28      | Mon–Thu 12:45–2:45 PM | CFK-359 001 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| 7/9–7/19       | Mon–Thu 3-5 PM        | CFK-359 004 |
| Deadline: 6/25 | PC                    | \$159       |



#### **Build, Compute, & Engineer**



#### Engineering with Legos, ages 8-11

This foundational LEGO® class will inspire future engineers! Beginning with reading diagrams and progressing to measuring properties, you will gain experience and confidence with simple methods. Working in pairs, build mechanisms, investigate motorized machines, calibrate and capture wind, and study gearing apparatus with a simple motored LEGO set.

| 6/18–6/28      | Mon–Thu 3–5 PM | CFK-341 002 |
|----------------|----------------|-------------|
| Deadline: 6/4  | PC             | \$159       |
| 7/9–7/19       | Mon–Thu 3–5 PM | CFK-341 004 |
| Deadline: 6/25 | PC             | \$159       |

#### Lego Mindstorm, ages 10–13

Create the smartest, strongest and most advanced LEGO robot ever! The NXT Intelligent Brick, your robot's "brain," features a powerful 32-bit microprocessor. A highly versatile palette of elements combines with ultrasonic sound, light, and touch sensors in the next generation of intuitive robotics. Using software and step-by-step building instructions, beginners and experts alike can create humanoid, vehicle, and animal robots that obey every command. Work in teams to program your robot through an obstacle course.

| 6/18–6/28      | Mon–Thu 12:45–2:45 PM | CFK-485 001 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| 7/9–7/19       | Mon–Thu 3–5 PM        | CFK-485 004 |
| Deadline: 6/25 | PC                    | \$159       |

#### Logic Lunatics, ages 10-13

Challenge your brain as you complete daily logic puzzles individually and with teammates. You'll tackle challenging jigsaw puzzles, written logic puzzles, online logic games and challenges, learn logic card games, and have the opportunity to create your own logic games. Become a whiz at logic and outsmart your family and friends!

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-356 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |

#### Mad for Math, ages 8-12

Keep your math skills sharp as you explore the endless possibilities of math. Create drawings, explore new websites, and play games with friends while refreshing your math skills. You'll solve math riddles and equations, collect and analyze data, and go on a scavenger hunt. You'll find that math has never been so fun.

| 7/9-7/19       | Mon–Thu 12:45–2:45 PM | CFK-302 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### NEW

#### Monster Coding, ages 11–13

Bring your creations to life in this creepy camp! You'll make your spookiest ideas a reality through creative coding in Processing, a powerful coding language. By learning this program, you will be able to build complex and interactive coded artwork. We'll start by working together to learn the basics of Processing so you may bring your own ideas to life. You'll have an opportunity to work collaboratively in groups to create several interactive computer programs that you can share with your friends.

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-450 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |

#### NEW

#### Vex IQ Robotics, ages 10–13

Unlock the power of your imagination and build a robot using VEX IQ Robotics. VEX IQ Robotics offers exciting and cool technology that will teach you to construct a robot that is remote controlled. You'll work with smart motors and high-tech sensors to build a robot that is able to lift, climb, and throw. Work in teams and make new friends as you work together to program your robot to perform a variety of challenges.

| 6/18–6/28      | Mon-Thu 3-5 PM        | CFK-703 002 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-703 003 |
| Deadline: 6/25 | PC                    | \$159       |





#### **Explore & Investigate**

#### NEW

### A Little Dirt Doesn't Hurt: Dig Archaeology, ages 10–13

Ready to get dirty? Explore the world of archeology and learn about ancient societies. Using the archeologist's toolkit, you will uncover the mysteries of the past and learn about people's lives. You will be involved in hands-on field and laboratory work using real tools in a mock excavation. The course will culminate in creating a "Time Traveler's Cookbook" that will creatively demonstrate all you have learned about a culture group and the past!

Bring a pair of garden gloves.

| 6/18–6/28     | Mon–Thu 12:45–2:45 PM | CFK-336 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### Around the World in Eight Days, ages 8–12

Explore the various traditions in the arts around the world. Discover holiday traditions in Japan, Africa, China, Italy, India, Brazil, Mexico, and France through hands-on experiences, crafts, and music. Each day, you will uncover the artistic, musical, and celebratory traditions of a different country.

| 6/18-6/28     | Mon–Thu 3–5 PM | CFK-312 002 |
|---------------|----------------|-------------|
| Deadline: 6/4 | PC             | \$159       |

#### NEW

#### Bodies in Motion, ages 10-12

Explore how the muscles in your body all work together to create motion and movement. You'll learn what actions our muscles perform using interactive technology to visually see what each muscle is doing. Take a daily physical challenge to test what your own muscles can do. After you investigate and learn how the body works in motion, you'll build your own robotic hand!

7/9-7/19Mon-Thu 12:45-2:45 PMCFK-418 003Deadline: 6/25PC\$159

#### NEW

#### **Celebrating Chinese Language and Culture**

Ni hao!??! Say hello to one of the most widely spoken languages around the world, Mandarin Chinese. Join the fun in this introductory Chinese language and culture class. Try your hand at learning to write basic Chinese characters. Learn basic pronunciation and how to say numbers, colors, body parts, and family names. You will also create some Chinese art, explore writing calligraphy, and play games that introduce you to the Chinese culture and daily life. You'll learn so much—all in Chinese!

| Ages | 11- | -13 |
|------|-----|-----|
|------|-----|-----|

| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-311 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |
| Ages 8–11      |                       |             |
| 7/9–7/19       | Mon–Thu 3–5 PM        | CFK-311 004 |
| Deadline: 6/25 | PC                    | \$159       |

Day at the Zoo, ages 8-11

Do you like spending time at the zoo? Do you like learning about animals? Now is your chance to create your very own zoo. Design your zoo layout by learning everyday math skills in area, perimeter, addition, and subtraction. Research a variety of animals in order to decide which ones to purchase for your zoo and create a booklet full of amazing animal facts. You will also create marketing materials so people will want to visit your zoo again and again.

| 6/18–6/28     | Mon–Thu 12:45–2:45 PM | CFK-358 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### Gourmet Kids in the Kitchen: A Culinary World Tour, ages 11–13

Explore the amazing and tantalizing flavors of foods from different parts of the globe. Get ready to take your cooking skills to a new level as you learn to make tasty foods from south of the border, American classics from your grandmother's kitchen, traditional country foods of Greece, and foods infused with the diverse flavors of Asia. Grab your apron for this advanced culinary course that will give you experience in preparing an international sampling for family and friends.

This class is not recommended for those with food allergies. Please bring two 3-cup containers to take home samples.

| 7/9-7/19       | Mon–Thu 12:45–2:45 PM | CFK-469 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### NEW

#### Introduction to Sewing, ages 10–13

Have you ever thought of a career in costume design? Is *Project Runway* in your future? It all starts with an introductory sewing class. Learn how to safely operate a sewing machine, how to read and follow a simple pattern, how to lay out and cut fabric, and how to sew a simple project. At the end of the class, you will go home with a completed pair of pajama pants, perfect for a pajama party. Sewing machines are provided for in class use.

Students will provide their own fabric and thread for the sewing project. Patterns and scissors are provided. Supply information will be sent in advance so materials may be purchased and brought to the first class.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-474 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |

6 Personal and professional development opportunities to transform lives.



#### **Explore & Investigate**

#### Kids in the Garden, ages 8-11

Do you love to get your hands dirty in a garden? Get a hands-on introduction to planting and harvesting a garden. You will learn the basics of gardening, such as how to start plants with seeds, how bees can help your garden, how to compost, and how to make a theme garden. Fun garden crafts included as well. Learn from Master Gardener Becky Weber as you explore the fun of growing your own food!

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-375 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |



#### **Kids in the Kitchen**

Would you like to compete on MasterChef Junior or be the next Kids Baking champion? Join Amanda Perez-Rosser in this CFK favorite. Explore the basics of kitchen and food safety, learn basic cooking skills, and sample yummy recipes. You will learn about a variety of international cuisine from France, Mexico, Italy, and Asia. Dishes prepared will include fruits, vegetables, pastas, vegetarian dishes, and desserts.

This class is not recommended for those with food allergies. Please bring two 3-cup containers each day in order to take home leftovers.

| 6/18–6/28     | Mon–Thu 12:45–2:45 PM | CFK-308 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |
| Ages 8–11     |                       |             |
| 6/18–6/28     | Mon–Thu 3–5 PM        | CFK-308 002 |
| Deadline: 6/4 | PC                    | \$159       |

#### The Secret Life of Shelter Pets, ages 10–13

Ever wonder what goes on behind the scenes at an animal shelter? Champaign County Humane Educator Alicia Schneider will give you an in-depth look at what it's like to work at an animal shelter, why pets become homeless and what can be done about it, and what it's like to be a homeless pet.

This class involves interaction with live animals and is not appropriate for students with allergies to animals or pet dander.

| 6/18-6/28     | Mon–Thu 12:45–2:45 PM | CFK-320 001 |
|---------------|-----------------------|-------------|
| Deadline: 6/4 | PC                    | \$159       |

#### NEW

#### Slime Sensations, ages 9–13

Join the viral slime sensation! In this class, you'll learn to create your own slime business. First, you will explore the mysteries of scientific properties as you create your very own slime from common household ingredients. You will also learn how to craft your own digital identity for your slime business as you produce short slime videos to market your product. Come have fun with us in this combination messy science and digital class. At the end of the class, you will be able to share your slime business video with family, friends, or the world!

In order to participate in the classroom activities and projects, please have your child set up a Gmail account and password prior to the first day of class.

| 6/18–6/28      | Mon–Thu 3–5 PM        | CFK-417 002 |
|----------------|-----------------------|-------------|
| Deadline: 6/4  | PC                    | \$159       |
| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-417 003 |
| Deadline: 6/25 | PC                    | \$159       |

#### Wild About Weather, ages 8–11

Learn how wind, rain, thunder, and lightning make a thunderstorm. You'll explore different natural disasters such as tornadoes, earthquakes, tsunamis, hurricanes, and volcanoes and even create your own mini versions in the classroom. This class is perfect for those who love learning about the world around us.

| 7/9-7/19       | Mon–Thu 12:45–2:45 PM | CFK-354 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |



#### Perform



#### Behind the Lines Improv Troupe, ages 11-13

Learn Improv from an expert who performed on both national and local stages. Join Alyssa Buckley, CFK's resident comedian, in this high energy, fun filled class. You'll play lots of fast paced improv games focused on creating characters, scenes, and comedic moments. Develop self-confidence, learn to be a team player, and use your improv skills in the performing arts as well as in everyday life.

| 6/18-6/28     | Mon–Thu 3–5 PM | CFK-317 002 |
|---------------|----------------|-------------|
| Deadline: 6/4 | PC             | \$159       |

#### NEW

#### CFK Jazz Clinic, ages 11-13

Shake, rattle and roll with CFK's very own jazz combo. Under the direction of Stacey Peterik, you will learn the fundamentals of the jazz style and practice these skills through performance of jazz music. Try your hand at improvising and learn about the big band sound and other forms of jazz while improving your playing skills. If you play a band instrument, drums, piano, bass, or guitar, this class is perfect for you.

All levels of musicians are welcome but it is recommended that students have at least one year of band instruction or private lessons. Bring your instrument to class each day.

| 7/9–7/19       | Mon–Thu 12:45–2:45 PM | CFK-438 003 |
|----------------|-----------------------|-------------|
| Deadline: 6/25 | PC                    | \$159       |

#### NEW

#### GarageBand Sounds, ages 11-13

Learn the GarageBand music software to compose your very own music. Use state-of-the-art computers in Parkland College's MIDI Music Computer Lab to assemble a virtual band, arrange parts of a song, and apply cool effects to make unique sounds. Step-by-step instruction makes this process easy to learn and fun to do, even for those without any music or computer experience. You will also learn about the types of audio files and how to share these with others. By the end of the course, you will build your own "pop" song in your own style.

No prior musical or computer knowledge is required.

| 7/9-7/19       | Mon–Thu 3–5 PM | CFK-437 004 |
|----------------|----------------|-------------|
| Deadline: 6/25 | PC             | \$159       |

#### Lights, Camera, Action, ages 8-13

Make a real TV show! Learn the fundamentals of TV production with hands-on training in camera operation, switching, lighting, titling, and audio. Work with the crew to create and star in a TV program, which may be broadcast on Parkland's television channel, PCTV.

| 6/18–6/28      | Mon–Thu 3–5 PM | CFK-342 002 |
|----------------|----------------|-------------|
| Deadline: 6/4  | PC             | \$159       |
| 7/9–7/19       | Mon-Thu 3-5 PM | CFK-342 004 |
| Deadline: 6/25 | PC             | \$159       |

#### Parkland Pitch, ages 11–13

Thanks to the wild success of *Pitch Perfect*, *Glee*, and *The Sing-Off*, a cappella music has gripped the nation like never before. Be part of an a cappella group as you learn how to sing in parts, beat box, and make funky but awesome noises with your mouth. Becky Park shares a wealth of experience, from starting an all female a cappella group during her high school years to directing award-winning high school groups in central Illinois. Join us as we make fantastic music without instruments.

| 6/18-6/28     | Mon–Thu 3–5 PM | CFK-304 002 |
|---------------|----------------|-------------|
| Deadline: 6/4 | PC             | \$159       |



| Summer 2018 Mail-In Registration  |  |   |                         |
|---|--|---|-------------------------|
| Student's name (last)   |  | (first)   |                         |
| Student's mailing address   |  | City/State/ZIP  |                         |
| Current school  |  | Is the student eligible for free or re<br>No Yes  | educed lunch at school? |
| Student's grade level<br>(entering)   |  | Student's birthdate<br>(mo/day/yr)  |                         |
| Gender<br>Male<br>Female  | T-shirt<br>YM YL AS<br>AM AL AXL<br>or Cinch bag | Age student will be on Sept. 1, 2018  |                         |
| Student's ethnicity/race (voluntary) Asian or Pacific Islander American Indian or Alaskan Nativ Black, Non-Hispanic Special needs | e  | <ul> <li>Hispanic</li> <li>White, Non-Hispanic</li> <li>Nonresident Alien</li> <li>Other/Unknown</li> </ul> |                         |
| Parent/Guardian's name<br>(last) (first)  |  | Parent/Guardian's birthdate   |                         |
| Parent/Guardian's work number   |  | Parent/Guardian's day or mobile n   | umber                   |
| Person other than parent listed ab<br>emergency   | ove to contact in case of                        | Emergency contact's phone numb  | er                      |
| Amount of check enclosed (payable<br>\$   | to Parkland College)                             | Amount charged to credit card   | Exp. date               |
| Card Number: Visa Discover  | MasterCard                                       | 3-digit code on<br>back of credit card  |                         |

#### Parent/Guardian's Authorization

I understand that there may be certain risks of physical injury, damage, or loss which I and/or my dependents may sustain as a result of participating in any and all activities associated with Parkland College courses offered by Business Training and Community Education. In registering and participating in these courses, I expressly assume the risk and legal liability, for myself and my dependents, waiving and releasing all claims for risk connected with said courses. Furthermore, I grant Parkland College and PCTV permission to record and/or photograph myself or my dependents for future promotion. In addition, I understand that there will be no refunds for classes cancelled due to severe weather conditions, power outages, or situations that may affect the safety of the program or Parkland College.

#### Parent/Guardian's signature (required)



### Summer 2018 Mail-In Registration

#### Parents and guardians, please indicate your class selections.

You may choose only one first-choice class per time slot within each session. Mark first choices with a "1." Mark alternative choices with a "2" and a "3." Placement in alternative-choice classes may be necessary if classes are full or cancelled. If your child is placed in an alternative-choice class, you will be responsible for that class fee.

All students must meet the required age by the first date of the class.

#### Send \$159 fee for EACH first-choice class.

| Sess         | sion 1: June 18–28  |   |
|--------------|---|---|
| ↓            | 12:45–2:45pm  | Ages  |
|              | Construction Junction   | 8–11 years  |
|              | Day at the Zoo  | 8–11 years  |
|              | Kids in the Garden  | 8–11 years  |
|              | Kids in the Kitchen   | 8–11 years  |
|              | Make Your Own Movie   | 8–11 years  |
|              | Animation in Space  | 9–13 years  |
|              | Create Your Own Website   | 10–12 years   |
|              | 3D Design Academy with TinkerCAD  | 10–13 years   |
|              | A Little Dirt Doesn't Hurt—Dig Archaeology  | 10–13 years   |
|              | Lego Mindstorm  | 10–13 years   |
|              | Paint Like the Masters  | 10–13 years   |
|              | Metal and Jewelry Studio  | 11–13 years   |
|              | Secret Life of Shelter Pets   | 11–13 years   |
| $\mathbf{V}$ | 3–5pm   | 1000  |
|              | 5 Jp  | Ages  |
|              | Engineering with Legos  | Ages<br>8-11 years  |
|              |   | Ŭ   |
|              | Engineering with Legos  | 8-11 years  |
|              | Engineering with Legos<br>Around the World in Eight Days  | 8-11 years<br>8-12 years  |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio  | 8–11 years<br>8–12 years<br>8–13 years  |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action  | 8-11 years<br>8-12 years<br>8-13 years<br>8-13 years  |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching  | 8–11 years<br>8–12 years<br>8–13 years<br>8–13 years<br>8–13 years  |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching<br>Slime Sensations  | 8-11 years<br>8-12 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years  |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching<br>Slime Sensations<br>Amazing App Inventor  | 8–11 years<br>8–12 years<br>8–13 years<br>8–13 years<br>8–13 years<br>9–13 years<br>10–12 years                               |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching<br>Slime Sensations<br>Amazing App Inventor<br>3D Pen Creations  | 8–11 years<br>8–12 years<br>8–13 years<br>8–13 years<br>8–13 years<br>9–13 years<br>10–12 years                               |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching<br>Slime Sensations<br>Amazing App Inventor<br>3D Pen Creations<br>Vex IQ Robotics                                   | 8–11 years<br>8–12 years<br>8–13 years<br>8–13 years<br>8–13 years<br>9–13 years<br>10–12 years<br>10–13 years                |
|              | Engineering with Legos<br>Around the World in Eight Days<br>Crazy Art Paint Studio<br>Lights, Camera, Action<br>Pocket Sketching<br>Slime Sensations<br>Amazing App Inventor<br>3D Pen Creations<br>Vex IQ Robotics<br>Behind the Lines Improv Troupe | 8–11 years<br>8–12 years<br>8–13 years<br>8–13 years<br>8–13 years<br>9–13 years<br>10–12 years<br>10–13 years<br>10–13 years |

| Sess            | sion 2: July 9–19   |  |
|-----------------|---|--|
| ↓               | 12:45–2:45pm  | Ages   |
|                 | Textile & Fiber Fun   | 8-10 years   |
|                 | Construction Junction   | 8-11 years   |
|                 | Wild about Weather  | 8–11 years   |
|                 | Mad for Math  | 8-12 years   |
|                 | iPad Art  | 8–13 years   |
|                 | Slime Sensations  | 9–13 years   |
|                 | Bodies in Motion  | 10-12 years  |
|                 | Vex IQ Robotics   | 10–13 years  |
|                 | Be an Architect   | 11–13 years  |
|                 | Celebrating Chinese Language & Culture  | 11–13 years  |
|                 | Create Your Own Website   | 11–13 years  |
|                 | Gourmet Kids in the Kitchen   | 11–13 years  |
|                 | Jazz Clinic   | 11–13 years  |
|                 | Strategy Game Making  | 11–13 years  |
|                 |   |  |
| $\mathbf{\Psi}$ | 3–5рт   | Ages   |
| $\mathbf{+}$    | 3–5pm<br>Bridge Building  | Ages<br>8-10 years   |
|                 |   | Ŭ  |
|                 | Bridge Building   | 8–10 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture   | 8-10 years<br>8-11 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos   | 8-10 years<br>8-11 years<br>8-11 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils  | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years   |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding<br>Amazing App Inventor   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years<br>10-12 years  |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding<br>Amazing App Inventor<br>3D Pen Creations   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years<br>10-12 years<br>10-13 years                               |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding<br>Amazing App Inventor<br>3D Pen Creations<br>3D Design Academy with TinkerCAD   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years<br>10-12 years<br>10-13 years                               |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding<br>Amazing App Inventor<br>3D Pen Creations<br>3D Design Academy with TinkerCAD<br>Introduction to Sewing                   | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years<br>10-12 years<br>10-13 years<br>10-13 years                |
|                 | Bridge Building<br>Celebrating Chinese Language & Culture<br>Engineering with Legos<br>Watercolor with Pencils<br>Dragon Nest Creations<br>Lights, Camera, Action<br>Monster Coding<br>Amazing App Inventor<br>3D Pen Creations<br>3D Design Academy with TinkerCAD<br>Introduction to Sewing<br>Lego Mindstorm | 8-10 years<br>8-11 years<br>8-11 years<br>8-13 years<br>8-13 years<br>8-13 years<br>9-13 years<br>10-12 years<br>10-13 years<br>10-13 years<br>10-13 years |

Parkland College ensures equal educational opportunities are offered to all students regardless of race, color, national origin, gender, gender expression, disability, sexual orientation, veteran/Vietnam veteran era, age, or religion, and is Section 504/ADA compliant. For additional information or accommodations, call 217/351–2551. M&PR 02-2018



#### **Registration Information**

Registrations are taken on a first-come, first-served basis. Class sizes are limited, so please register early. Classes with low enrollment will be canceled. Registration begins Feb. 16.

#### **Registration deadlines:**

Monday, June 4 for classes offered June 18–28 Monday, June 25 for classes offered July 9–19

#### **Registration Tips:**

Improve your chances of enrolling your child in their favorite classes by registering them online and early.

Please enroll your child in age-appropriate classes. All students must meet the required age for the class by the start date of the class.

The cost is \$159 per class.

Confirmation of class registration will be emailed or mailed to you once your registration is complete.

#### **Drop-Off and Pick-Up**

Classes begin at 12:45pm and 3pm. Students should be dropped off between 12:30pm and 12:45pm, or between 2:45pm and 3pm. No students may be dropped off before 12:30pm. Classes end at 2:45pm and 5pm. Late fees will be assessed in the amount of \$1 per minute after 2:45pm or 5pm. If you know that you will be late for pick-up, please call 217/353-2055 to notify staff. Please note that students taking both class times will be supervised in between those classes. Please see the map in this brochure for the drop-off and pick-up location.

#### Safety and Security

In an effort to maintain its high standards of safety, College for Kids requires all students to have a Parkland College photo taken on the first day of class. Staff will provide supervision during regular class times and for all College for Kids students and between classes. If your child has any special needs, but sure to indicate these at the time of registration.

#### **Reduced Tuition**

Reduced tuition is available for students who receive free or reduced lunch at school.

For those who qualify for reduced tuition, the cost is \$129 per class.

Proof of eligibility for free or reduced-cost lunch is required; you may request this documentation from your child's school.

Documentation must be provided within seven days of the completed registration or the child will be dropped from the class.

To register and receive the reduced tuition, please use our online registration system. When checking out, enter the code CFKSUM18. Select APPLY CLASS CODE and the price will be automatically adjusted. Continue by selecting CHECKOUT.

#### **Scholarships**

A limited number of scholarships are available for students who qualify for reduced tuition.

Please print the scholarship form from www.parkland.edu/cfk, or e-mail btce@parkland.edu for more information.

Online registration is not available for scholarship applicants.

Only one scholarship for one class will be awarded per student. Refunds will not be given for classes that are awarded by scholarship.

Scholarships are made possible by the Parkland College Foundation and the Junior League of Champaign Urbana.

#### **Class Cancellation**

College for Kids reserves the right to cancel any class that does not meet the minimum enrollment. Cancellations will be made the day after the registration deadline for each session. In the event of a cancellation, we will attempt to place your child into an available class if one is available and with your permission.

#### FOUR EASY WAYS TO REGISTER

#### ONLINE

**parkland.edu/btceRegister**. Browse > Youth & College for Kids > College for Kids. Please note that you must set up a household profile first and list the parent/guardian's name as the primary person on the account. Parent/guardian's birthdate is required. Credit card payments only.

#### **IN PERSON**

Fill out the registration form (one per child), sign it, and bring it to 1315 N. Mattis Avenue in Champaign. Credit card/check/cash accepted.

#### **BY MAIL**

Fill out the registration form (one per child), sign it, and mail it to 1315 N Mattis Avenue, Champaign, IL 61821. Checks only, or call to complete credit card transaction at 217/351-2235.

#### **BY FAX**

Fill out the registration form (one per child), sign it, and fax it to 217/351-5928. Please call 217/351-2235 to complete credit card transaction, or appear in person to pay by check or cash.

Payment must be received before the student is registered into the class.



#### NEW

# Young Chefs: Breakfast Foods,

Start your day off with a quick, homemade breakfast! Discover how to make delicious breakfast foods that are filling and healthy! As a young chef, you'll learn basic culinary skills and experiment making egg casseroles, pancakes, granola, and more. You'll look forward to getting up each morning when you know how to make these yummy breakfast options!

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers.

Please escort your child to and from the classroom.

| 4/7-4/14       | Sat 2–4 PM | CFK 307 003 |
|----------------|------------|-------------|
| Deadline: 3/31 | PC-X118    | \$69        |

#### NEW

# Young Chefs: Cheesecake Delights, 🏜 ages 10–14

You won't be able to resist the tempting taste of a delicious cheesecake! Learn various recipes to make cheesecakes and other treats that melt in your mouth! These scrumptious desserts are perfect for you to make for special celebrations and holidays and will impress your family and friends.

This class is not recommended for those with food allergies. Go green: bring two 3-cup containers each day to share leftovers.

Please escort your child to and from the classroom.

| 4/21-5/5       | Sat 2–4 PM | CFK 307 004 |
|----------------|------------|-------------|
| Deadline: 4/14 | PC-X118    | \$89        |

#### NEW

#### Paint Party Studio—Spring Break Camp, 📫 ages 8–13

Let's explore the endless possibilities of your own creativity. Whimsical landscapes, a blooming still life, and majestic animals could be your starting point for a new adventure with paint. Explore different aspects of creating a painting with layers, color mixing, and composition. Guided through a step-by-step process by instructor Rusty Clevenger, you will see your confidence grow and creativity flourish as you discover new painting techniques. All participants will continue to enhance his or her individual skills while enjoying the fun and "chill" environment of the Paint Party Studio.

All paint supplies are included in the course fee. Please escort your child to and from the classroom.

3/19–3/22 Deadline: 3/12 Mon–Thu 1–4 PM PC-C191

CFK-419 001 \$125

#### NEW

#### Monster Making Workshop, 📫 ages 10–14

Ghouls, goblins, and zombies unite! In this class, you'll make your spookiest ideas a reality! You will gain hands-on technology skills, learn strategic thinking, and be able to express your creativity. You'll start by using Adobe Illustrator to design your own monster character. Then, you'll work with your other monster loving classmates to make a card game based on all of the monster characters.

Please escort your child to and from the classroom.

| 4/7-4/28       | Sat 2–4 PM | CFK-425 001 |
|----------------|------------|-------------|
| Deadline: 3/31 | PC-Do19    | \$69        |

### Youth Programs

#### NEW

# American Girl Historical Experience, 📫 ages 8–11

Join us for a month long celebration of all things American Girl. Bring your American Girl doll (or any 18" doll) as we explore the lives and times of American Girl doll favorites: Addy, Samantha, Molly, and Julie. Each week, you'll experience what life was like during a historical period by exploring the girls' lives, the games they played, their clothing, food and friendships.

Please escort your child to and from the classroom.

| 4/28-5/19      | Sat 2–4 PM | CFK-415 002 |
|----------------|------------|-------------|
| Deadline: 4/21 | PC-A175    | \$69        |

# Archery for Youth, ages 10–18

Channel your inner Katniss Everdeen and learn the sport of target archery. Join experienced coach Matt Stacher at Hunters Haven indoor range to learn how to shoot a bow and arrow properly. You'll learn technique from stance to release and safety while you get hands-on instruction.

Bow and arrows provided.

| 4/16–5/7       | Mon 6:30–8 PM | CFK-707 003 |
|----------------|---------------|-------------|
| Deadline: 4/9  | Hhaven        | \$59        |
| 6/4–6/25       | Mon 6:30–8 PM | CFK-707 004 |
| Deadline: 5/28 | Hhaven        | \$59        |

#### Horseback Riding, ages 12–15

Learn the fundamentals of horsemanship in semiprivate weekly lessons with Megan Tyler. Emphasis is on balance, control, and safety principles as you learn to properly communicate with and care for a horse. If you have a love for horses or riding, experienced or not, this is a great class for learning and developing your skills.

Parent or guardian must attend orientation on 3/28/18 from 6–7pm with child. Semiprivate lessons to be arranged; 1 hour per week for a total of 8 lessons.

| 3/28           | Wed 6–7 PM | CFK-509 001 |
|----------------|------------|-------------|
| Deadline: 3/21 | PC-B124    | \$389       |
| 6/6            | Wed 6–7 PM | CFK-509 002 |
| Deadline: 5/30 | PC-B124    | \$389       |

**Test Prep** 

### 

#### SAT/ACT Bootcamp

Don't miss this last chance to prepare for the upcoming SAT and ACT tests. Tasos Sotiropoulos from Illini Tutoring will lead you through this bootcamp designed to refresh your test taking skills and sharpen your strategies. You will review effective test taking strategies, practice sample questions, and go into the exams armed with tools that will improve your score.

Bring note-taking materials and a calculator.

| 3/31           | Sat 1–4 PM | CFK-408 001 |
|----------------|------------|-------------|
| Deadline: 3/24 | PC-D230    | \$99        |

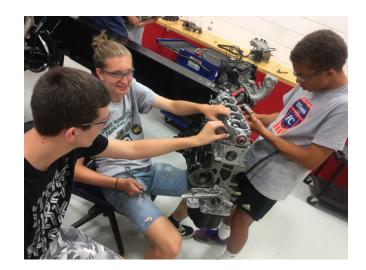
#### **Youth Camps**

#### **Automotive Camp**

Do you love cars? Do you have the "drive" to learn how to maintain your own vehicle or possibly explore a career as an automotive technician? Come tinker with us at Parkland's stateof-the-art facility, the Parkhill Applied Technology Center, where you will learn the basics of automotive technology. At this hands-on camp, you will learn how to complete a vehicle safety inspection and perform basic maintenance tasks.

Lunch and T-shirt provided.

| <b>Ages 14–16</b><br>6/11–6/14<br>Deadline: 5/28 | Mon–Thu 9 AM–3 PM<br>PC-T112 | CFK-904 001<br>\$159 |
|--|------------------------------|----------------------|
| <b>Ages 16–18</b><br>6/18–6/21<br>Deadline: 6/4  | Mon-Thu 9 AM-3 PM<br>PC-T112 | CFK-904 002<br>\$159 |



### Youth Programs

#### **Youth Camps**

#### Land Surveying and Mapping with Technology Camp, ages 13–18

Do you know where your backyard ends and your neighbor's yard begins? Have you ever wondered how maps are designed? A land surveyor can tell you. Land surveyors use high-tech digital equipment to measure things on, above, and below the ground to make detailed maps. Learn to use a high-accuracy GPS, lasers, telescopes, and tablet computers to make 3D digital maps of buildings and landforms. Todd Horton, a professional land surveyor, will help you experience how professional land surveyors use the latest high-tech tools to create maps and use them to make decisions to build structures and develop land.

#### Lunch and T-shirt provided.

| 6/11-6/14      | Mon–Thu 9 AM–3 PM | CFK-901 001 |
|----------------|-------------------|-------------|
| Deadline: 5/28 | PC-M143           | \$159       |

#### Machining and Welding—Industrial Technology Camp, ages 13-18

Do you want to learn to bend metal with your hands like Superman? We can't teach you how to do that, but we can teach you to use a manual lathe to manipulate metal. We can also show you how to weld metal together and harden steel using heat treatment methods. If you are "maker minded," you will be challenged by what this camp features: hands-on, high-tech lab work using the latest technology in the manufacturing industry. You will design and take home several projects.

Lunch and T-shirt provided.

| 7/9–7/19       | Mon–Thu 9 AM–3 PM | CFK-900 001 |
|----------------|-------------------|-------------|
| Deadline: 6/25 | PC-T123           | \$209       |
| 7/23–8/2       | Mon–Thu 9 AM–3 PM | CFK-900 002 |
| Deadline: 7/9  | PC-T123           | \$209       |

#### NEW

#### Motorsport Camp, ages 16-18

Make your summer louder and faster! Car racing enthusiasts will love this day camp devoted to an introductory look at the motorsport industry. Learn how to measure rear wheel torque and horsepower with a chassis dynamometer. Take a tour of a local racing shop. Learn about the Parkland Motorsport student-built and driven race cars.

Optional weekend outing: join Parkland Motorsport students at the race track to put what you've learned to the test. Prior automotive camp or courses taken at Parkland College required.

Lunch and T-shirt provided.

| 6/25-6/28      | Mon–Thu 9 AM–3 PM | CFK-808 001 |
|----------------|-------------------|-------------|
| Deadline: 6/18 | PC-T112           | \$159       |

#### NEW

#### Parkland CSI Experience, ages 14-16

There has been a crime and Parkland CSI is on the case. Unravel the mystery as part of a Parkland CSI team that will conduct a fast paced crime investigation. Use cutting edge technology and interact with forensic experts, law enforcement agents, and media professionals to build a body of evidence, find the culprit, and inform the public. Note: there will be graphic content simulating a crime scene.

Lunch and string bag included.

| 6/18-6/28     | Mon–Thu 9 AM–3 PM    | CFK-905 001 |
|---------------|----------------------|-------------|
| Deadline: 6/4 | PC-Planetarium Lobby | \$209       |

#### First Gig Rock 'n Roll Camp, ages 10-17

Play in a band! Jam with the pros! Be a rock star! Led by 20+ musicians who have years of studio and live performance experience, you will enjoy a week full of learning and fun. You'll be placed in a band with other students and led by a professional musician. Through the week, you will work with your band and band leader to develop your band's live show. You'll find this camp stands out from any other summer program as you immerse yourself in the life of a rock star. Make friends, fuel your passion for music, and have fun!

Camp includes lunch, lunch talks with guest speakers, and conversations with local and regional artists in the field of music.

#### What to bring:

Guitarists: bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable.

Bass players: bring an electric guitar, guitar strap, small amp, extra strings, guitar picks, and a cable.

Drummers: bring your kit the first day (it will remain secure for the duration of the camp), drumsticks, and a practice pad.

AM-5 PM

Keys: bring keyboard and stand

Please escort your child to the classroom.

| 6/11–6/15      | Mon–Fri 9 |
|----------------|-----------|
| Deadline: 5/28 | PC-C148   |

CFK-902 001 \$299

Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C CIrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C



#### Basics

#### **Intermediate Computers**

Go beyond computer basics with instructor Jane Bateman. Learn how to navigate the computer; how to find a lost file; what happens to deleted files; and how to create address labels, insert clip art, and make columns. You'll discuss and use USB flash drives, too.

| 4/4-4/25       | Wed 1–3 PM | WLI-832 001 |
|----------------|------------|-------------|
| Deadline: 3/28 | BTCE       | \$69        |

#### **Computer File Management**

There are very efficient ways to organize computer files. Discover how to copy, move, store, and organize your documents, photos, recipes, and other files with instructor Jane Bateman. You'll learn the best practices to help you organize and navigate your computer files using Microsoft Windows Explorer.

| 5/1-5/15       | Tue 1–3 PM | WLI-417 001 |
|----------------|------------|-------------|
| Deadline: 4/24 | BTCE       | \$59        |

#### You've Got Mail

Learn the ins and outs of managing your email plus how to search for information on the Internet and download pictures; also learn Internet techniques from skilled instructor Jane Bateman.

You should be familiar with Windows and be able to use a mouse.

| 5/2-5/16       | Wed 1–3 PM | WLI-833 001 |
|----------------|------------|-------------|
| Deadline: 4/25 | BTCE       | \$59        |

#### Internet Security at Home and On the Go

Test your Internet security IQ, then learn and discuss the practices of people looking to access your personal information and how you can outsmart them. Experienced analyst Ryan Wakefield shows you how to provide your own best protection against scams, viruses, and malicious software. Avoid the tricks and traps and learn how to protect your devices when traveling near or far.

| 3/27           | Tue 6–8 PM | WCE-337 002 |
|----------------|------------|-------------|
| Deadline: 3/20 | BTCE       | \$29        |

#### **Android for Beginners**

Experienced Android user and computer skills trainer Ryan Wakefield will help you understand the operation and get the best use out of the applications on your Android-based smartphone and tablet. You'll learn the basics and touch on some of the advanced features.

Bring your Android smartphone, Android tablet, or both.

| 3/21           | Wed 6–8:30 PM | WCE-314 002 |
|----------------|---------------|-------------|
| Deadline: 3/14 | BTCE          | \$29        |

#### **Going Beyond iPad and iPhone Basics**

Ryan Wakefield will show you the next steps to take with applications and features on your iPhone or iPad to keep your information safe by storing it on the iCloud. He'll give you plenty of reliable information about free applications and those you can purchase. Also learn several troubleshooting techniques to reduce frustration and fear.

Bring your iPad, iPhone, or both.

| 4/23           | Mon 6–8:30 PM | WCE-332 001 |
|----------------|---------------|-------------|
| Deadline: 4/16 | BTCE          | \$29        |
| 5/14           | Mon 6–8:30 PM | WCE-332 002 |
| Deadline: 5/7  | BTCE          | \$29        |

### **COMPUTERS & TECHNOLOGY**

#### NEW

#### **Basic Computer Animation**

How are computer animations created? Think it's too complicated? Learn the basics of computer animation from Heppkatt Productions artistic director, Jackie Tice. Using a simple computer program and a digital or smartphone camera, you can start creating animations.

Ease with using a personal computer, a smartphone, or digital camera is required.

| 5/3-5/24       | Thu 6–8:30 PM | WCE-716 001 |
|----------------|---------------|-------------|
| Deadline: 4/26 | BTCE          | \$99        |

#### WordPress: Blogging

Join the global community of bloggers! Express yourself while you share your business tips, trends, and opinions online using WordPress. WordPress is easy to use and the world's most popular blogging tool. In this two-hour hands-on workshop you will explore blogging with Philip Nyman and create your own free WordPress account and blog posts. Along the way you will learn about content editing and themes, pages, graphics, categories, tags, and create connections to other social media to help visitors follow you.

Prerequisites: Experience with web browsing and Microsoft Word. No previous experience with blogging required.

| 4/17           | Tue 3–5 PM | WBT-773 001 |
|----------------|------------|-------------|
| Deadline: 4/10 | BTCE       | \$99        |

#### NEW

#### **Google: What You Need to Know**

Unlock the possibilities of Google Suite! Programs within the suite include Gmail, Calendar, Drive, and Docs. Learn the basics needed to use the programs effectively and efficiently. Through hands-on activities, your expert instructors Amanda Romine and Kendall Huffman will show you tips and tricks with each program.

| 6/11          | Mon 8–10 AM | WBT-408 001 |
|---------------|-------------|-------------|
| Deadline: 6/4 | BTCE        | \$99        |

#### NEW

#### **Google: More of What You Need to Know**

The exploration and possibilities are endless with Google! Explore the remaining Google Suite programs which include Sheets, Slides, Forms, and Drawings. Learn the basics needed to use the programs effectively. Amanda Romine and Kendall Huffman will walk you through each program and allow time to practice working within each to gain hands-on experience.

Suggested prerequisite: Google: What You Need to Know

| 6/18           | Mon 8–10 AM | WBT-415 001 |
|----------------|-------------|-------------|
| Deadline: 6/11 | BTCE        | \$99        |

#### NEW

#### **Google: Advanced Features**

Already know the basics of Google Suite? Explore the leading-edge features of the platform with experts Amanda Romine and Kendall Huffman. Discover and use advanced elements to truly get the most of the programs. In addition, learn about using add-ons, extensions, and third party apps that can be used with the Google platform.

Suggested prerequisite: Google: More of What You Need to Know

| 6/25           | Mon 8–10 AM | WBT-416 001 |
|----------------|-------------|-------------|
| Deadline: 6/18 | BTCE        | \$99        |



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### **COMPUTERS & TECHNOLOGY**

#### **Desktop Applications**

#### Adobe Illustrator CC: Essential Skills

Adobe Illustrator is used to create artwork for print, multimedia, and the web that can be arbitrarily resized without losing image quality. Now available at low cost through the Adobe Creative Cloud, this versatile program will help you bring your artistic imagination to life. Join Adobe Education Trainer Phil Nyman and in just two hours learn how to create colorful logos, greeting cards, and advertising artwork using a core set of drawing and shape building tools. Explore shapes, curves, brushes, fills, gradients, and layers. Place type perfectly within shapes or along curves. Save resulting images as vector art or bitmaps for use on web pages or import into Photoshop and combine with photographs. Best of all, no previous experience with Illustrator is required!

| 4/3            | Tue 3–5 PM | WBT-312 001 |
|----------------|------------|-------------|
| Deadline: 3/27 | BTCE       | \$99        |

#### **QuickBooks: The Basics**

Thinking about using QuickBooks or need a refresher? Learn practical knowledge about the leading choice for managing your books. From an accounting perspective, discover how to set up a new company, set up and access controls, create a chart of accounts, cash basis transactions (write checks, enter deposits), reconcile bank account, and common set up issues with Pat Owens, CPA, CFO.

| 5/9           | Wed 8–10 AM | WBT-356 001 |
|---------------|-------------|-------------|
| Deadline: 5/2 | BTCE        | \$99        |

#### QuickBooks: Intermediate Knowledge

If you know the basics of QuickBooks but want to learn more about the program, this is the course for you. Learn about customers and invoices, vendors and paying bills, correctly accounting for preparing and paying sales tax, 1099s and inventory types, and set up with Pat Owens, CPA, CFO.

| 5/16          | Wed 8–10 AM | WBT-357 001 |
|---------------|-------------|-------------|
| Deadline: 5/9 | BTCE        | \$99        |

#### **Excel Level 3**

Build on the skills you acquired in the Microsoft Excel Basic and Intermediate courses. You will work with advanced functions and formulas as well as search functions such as VLOOKUP, MATCH, and INDEX. In addition, learn about data validation and use advanced data filtering with Wendy Barker. You will apply advanced chart formatting options and create more complex charts. Work with PivotTables and PivotCharts, export and import data, and query external databases. You'll learn about the analytical features of Excel, such as Goal Seek, and how to create scenarios. Finally, you will run and record macros.

Prerequisite: Microsoft Excel Level 2 or equivalent knowledge. Microsoft Excel 2016 will be used for this advanced course.

| 4/17-4/24      | Tue 8 AM–12:30 PM | WBT-586 001 |
|----------------|-------------------|-------------|
| Deadline: 4/10 | BTCE              | \$199       |

#### **Excel Level 1**

Excel Level 1 will familiarize you with spreadsheet terminology and the fundamental concepts of Microsoft Excel 2016, including identifying Excel window components, navigating worksheets, and downloading templates. In addition, you will learn the basics of entering and editing text, values, and formulas, and saving workbooks in the native Excel format as well as in other formats. You will learn how to move and copy data and formulas; determine absolute and relative references; and work with ranges, rows, and columns. Learn how to use simple functions and easily apply formatting techniques to worksheet data. You will create and modify charts and work with graphics. Finally, you will review workbooks for spelling errors, modify page setup, and print worksheets.

6/5–6/12 Deadline: 5/29 Tue 8 AM–12:30 PM BTCE WBT-333 002 \$199





### Boot Camp 👪

Join certified instructor Lindsay Riesel for a workout that burns calories, tones all the major muscle groups, and incorporates cardio drills to strengthen the heart. Get yourself going, get your effort showing, and start feeling truly fit.

| 3/27–5/17<br>Deadline: 3/20   | Tue & Thu 6–7 AM<br>PC-Gym | WCE-443 002<br>\$99 |
|-------------------------------|----------------------------|---------------------|
| 6/5-8/2<br>no class 7/3 & 7/5 | Tue & Thu 6–7 AM           | WCE-443 003         |
| Deadline: 5/29                | PC-Gym                     | \$99                |

### Core and More 📫

Strengthen and tone the muscles of your midsection (abs, obliques, back, hips, and buns) to aid in stability and balance and improve posture. AFAA-certified instructor Rena Leake includes a brief upper-body or cardio workout to ensure fun and fitness!

| 3/28–5/16<br>Deadline: 3/21           | Wed 5:30–6:30 PM<br>PC-P210 | WCE-734 002<br>\$65 |
|---------------------------------------|-----------------------------|---------------------|
| 6/6-8/8                               | Wed 5:30-6:30 PM            | WCE-734 003         |
| <i>no class 7/4</i><br>Deadline: 5/30 | PC-P210                     | \$69                |

### Dance Fit 竝

Get fit in an exciting and entertaining new class. Fitness instructor Rena Leake challenges your flexibility and expectations by combining music and dance styles from American country line dance, Irish dance, and Salsa with specific form training, to build strength and improve balance.

No dance experience required. All fitness levels welcome. Dress in clothing that allows you freedom to move.

| 3/26–5/14      | Mon 5:30–6:30 PM | WLI-807 002 |
|----------------|------------------|-------------|
| Deadline: 3/19 | PC-P105          | \$65        |
| 6/4-7/23       | Mon 5:30–6:30 PM | WLI-807 003 |
| Deadline: 5/28 | PC-P105          | \$65        |



Gentle Yoga links movement with breath and mind-body focus to help you shed unwanted weight, strengthen and tone muscles, increase flexibility, improve balance, and decrease stress. Instructor Allen Dick, certified E-RYT 200, brings a deep understanding and dedication to this popular class. He welcomes participants at all levels, and encourages progress at each individual's pace.

#### Bring a yoga mat.

| 3/29–5/17<br>Deadline: 3/22           | Thu 5:30–6:30 PM<br>PC-P105 | WCE-384 002<br>\$69 |
|---------------------------------------|-----------------------------|---------------------|
| 6/7-8/2                               | Thu 5:30–6:30 PM            | WCE-384 003         |
| <i>no class 7/5</i><br>Deadline: 5/31 | PC-P105                     | \$69                |

### Group Cycling 📫

Cycling is a great way to get an effective workout. Tamala Everett, certified in Spinning, leads an energetic ride in which you control the resistance on your bike to make the pedaling as easy or as difficult as you choose. Expect to be motivated, sweat, and have fun while riding with friends.

| 3/27-5/8       | Tue 12–12:45 PM | WCE-757 002 |
|----------------|-----------------|-------------|
| Deadline: 3/20 | PC-P210         | \$59        |

#### NEW

### Moving to Heal 🏜

Join Michelle Roberts, Certified NIA instructor, in our new Moving to Heal class. Moving to Heal is a gentle movement approach designed for everyBODY. This program is geared toward people who have difficulty moving in a regular exercise class and designed for those who have chronic conditions. It teaches you to individualize movements thus allowing you to focus on the sensation of well-being and pleasure.

| 4/6-5/4        | Fri 10–11 AM | WCE-771 001 |
|----------------|--------------|-------------|
| Deadline: 3/30 | HP-H121      | \$55        |

### **HEALTH & WELLNESS**

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NIA is a sensory-based movement and fusion fitness class that focuses on the mind, body, and spirit using the healing arts, dance arts, and martial arts. It empowers people of all ages, shapes, and sizes to connect and listen to their bodies. Join Michelle Roberts, certified NIA instructor, in following your healthful and joyful path.

Dress in a way that allows for unrestricted movement.

| 6/5-8/7        | Tue 9–10 AM | WLI-882 002 |
|----------------|-------------|-------------|
| no class 7/3   |             |             |
| Deadline: 5/29 | PC-P105     | \$69        |

### Pilates

This Pilates mat class can be your introduction to Pilates or a continuation of your current practice. Casey Coon, certified instructor of Method Pilates and Mat and Standing Pilates, will guide you through modifications and variations for all fitness levels. These exercises improve strength, flexibility, balance, and posture.

Bring a mat and hand towel.

| 3/29–5/10<br>Deadline: 3/22           | Thu 5:30–6:30 PM<br>PC-U142 | WCE-383 002<br>\$65 |
|---------------------------------------|-----------------------------|---------------------|
| 6/7-8/9                               | Thu 5:30–6:30 PM            | WCE-383 003         |
| <i>no class 7/5</i><br>Deadline: 5/31 | PC-U142                     | \$69                |

#### NEW

### R.A.D. System of Self Defense 🎰

Learn awareness, prevention, risk reduction, and avoidance, while progressing on to basic hands-on defense. Certified instructor Shelby May leads you through realistic self-defense tactics and techniques for women. R.A.D. training is organized for women only.

5/24-6/7 Thu 6-9 PM WCE-861 001 Deadline: 5/17 PC-U140 \$89

### The Spirit of Yoga 📫

Discover the unifying practice of yoga through the eight unique limbs of yoga, seven energy wheels of the mind-body, five specific obstacles to enlightenment, five fluctuations of the mind, tri-leveled forces of nature, three equal parts of cosmic energy, and nearly 200 interwoven threads of yogic wisdom. Allen Dick, certified E-RYT 200, leads each class through philosophical discussion and time to progress toward a fulfilling personal practice of yoga.

Bring a yoga mat.

| 3/27–5/15<br>Deadline: 3/20 | Tue 5:30–6:30 PM<br>PC-P105 | WCE-386 002<br>\$69 |
|-----------------------------|-----------------------------|---------------------|
| 6/5-7/31<br>no class 7/3    | Tue 5:30–6:30 PM            | WCE-386 003         |
| Deadline: 5/29              | PC-P105                     | \$69                |

#### **Fitness Center**

#### Exercise on your own schedule!

You'll have access to cycles, treadmills, free weights, Universal equipment, and more.

#### Gain access to state-of-the art fitness equipment in a beautiful facility.

- Cardio equipment: treadmills, ellipticals, upright and recumbent cycles, StepMills, Waves, VersaClimber, and rowing machines. Most include an iPod docking station, built-in cable TV, and touch screen.
- Strength training: Keiser power rack, inlaid Olympic platform, bumper plates, sandbells, PowerBlocks, turf area, dumbbells, kettlebells, ropes, medicine balls, and push-pull systems.
- Upper-level walking track that's free to anyone during fitness center hours!

#### Fitness Center Hours

Mon-Thu, 10am-6pm Fri, 10am-2pm Sat, 9am-2pm Sun, 1–5pm (college closed May 28 and July 4, closed Fridays Jun

22–Aug 10) In order to gain access to the Fitness Center, you

must complete the following:

- 1. Online orientation through Cobra Learning (available 24 hours after registration)
- 2. Obtain a valid Student ID from Student Life, room U107

6/22-8/10 \$99

WCE 300 002 Location: PC-P130

### Water Aerobics 📫

Increase your flexibility, strength, and endurance with this joint-soothing therapeutic water exercise. Participate at your own comfort level with water aerobics pro Jo Rodriguez.

| 3/20–5/15      | Tue 12–12:45 PM | WLI-805 003 |
|----------------|-----------------|-------------|
| Deadline: 3/13 | ES              | \$69        |
| 3/22–5/17      | Thu 12–12:45 PM | WLI-805 004 |
| Deadline: 3/15 | ES              | \$69        |

### **HEALTH & WELLNESS**

### Healthy Back 101 💼

Do you suffer from chronic low back pain or crippling back spasms? You are not alone: over 80% of people will experience low back pain at some point. Thankfully, many types of back pain can be prevented and/or reduced with targeted exercises and movement strategies. Restorative Exercise Specialist Rachel Hills will help you relax sore back muscles, strengthen muscles that support the back, and learn ways of moving that prevent back injury.

Dress in comfortable layers and bring a mat, a blanket, and a pillow or bolster.

| 6/15          | Fri 9:30–11:30 AM | WCE-378 001 |
|---------------|-------------------|-------------|
| Deadline: 6/8 | PC-P105           | \$29        |

#### Restore Your Pelvic Floor 📩

Do you suffer from incontinence, pelvic organ prolapse, or constipation? Have you been told you must learn to live with these issues because they are part of the aging process? Good news: these issues are likely a result of your physical habits and are preventable and correctable. Join Restorative Exercise Specialist Rachel Hills to learn lifestyle modifications and corrective exercises to maintain and restore pelvic floor health.

Dress in comfortable layers and bring a mat, a blanket, and a pillow or bolster.

| 5/11           | Fri 9:30–11:30 AM | WCE-989 002 |
|----------------|-------------------|-------------|
| Deadline: 5/4  | PC-P105           | \$29        |
| 3/22           | Thu 6-8 PM        | WCE-989 001 |
| Deadline: 3/15 | PC-P105           | \$29        |

#### NEW

#### Things To Do Before I Kick The Bucket 📫

Business coaches and retirement specialists Cindy Guthrie and Nancy Brain lead you through three workshops to reframe your thinking about retirement, personal priorities, and bold actions that will help you fully embrace the rest of your awesome life. These interactive sessions are appropriate for everyone thinking about retirement and future options, and those currently retired.

| 5/8-5/22      | Tue 5:30–7:30 PM | WCE-909 001 |
|---------------|------------------|-------------|
| Deadline: 5/1 | BTCE             | \$99        |

#### **NEW!** Mindful Eating

Register for both the Introduction and In-Depth classes by registering for the series. \$118

#### Mindful Eating: Introduction

Improve your relationship with food by focusing on using the rhythms of your life. Examine the difference between mindful and mindless eating including hunger, satisfaction, wants, and needs. Mindful Eating coach Maggie Wachter, MSW will help you uncover distractions that may unconsciously prevent you from fully enjoying the eating experience. Discussion will include the benefits of mindful meditation as a tool for eating awareness.

This class welcomes participants at all levels of experience.

4/24 WCE-896 001 BTCE Tue 6–8 PM Deadline: 4/17 \$59

#### Mindful Eating: In Depth 📫

Learn how to manage your relationship with food with tips on how to listen to your body, savor your food choices, and build mindful awareness into your life. After a brief review of topics, Maggie Wachter, MSW, will also guide you in mindful meditation to begin modifying life patterns, and letting go, with emphasis on kindness and self compassion.

*This class welcomes participants at all experience levels.* 

5/1 WCE-306 001 BTCE Tue 6–8 PM Deadline: 4/24 \$59



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### Etsy Made Easy 👪

As the largest online marketplace for handmades, Etsy offers a unique opportunity for craftspeople to sell their wares with few start-up expenses and no business experience. Jewelry artist Anne Potter introduces you to the basics of setting up an Etsy shop, and laying the foundation for successful selling. Learn the mechanics of payment and record keeping, customer service, legal issues, branding, quality control, and visual marketing.

| 4/10-4/24     | Tue 6:30–8:30 PM | WCE-676 001 |
|---------------|------------------|-------------|
| Deadline: 4/3 | BTCE             | \$59        |

#### NEW

#### Knitting in Four Nights 📫

Learn how to knit with experienced instructor Sharon Lee. You'll discuss yarn and needle selection, choosing (and reading!) a pattern, casting on, and tips for practicing and mastering necessary stitches. She'll have you knitting in no time! Get started on a familiar and highly rewarding hobby.

#### Bring to class:

1-Boye's, "I Taught Myself Knitting" kit, which includes needles and other supplies (available at Walmart and also online) 1-skein of yarn, acrylic, light color is recommended for beginner projects.

| 4/18-5/9       | Wed 7–8:30 PM | WCE-726 001 |
|----------------|---------------|-------------|
| Deadline: 4/11 | BTCE          | \$55        |

#### **NEW** Beyond Beading Basics 👪

Create more intricate and beautiful beaded jewelry in this second class led by artist/author Anne Potter. She'll assist you with more detailed designs and teach more advanced beading techniques that will inspire you.

A supply list will be provided. Some beading experience and skills required for enrollment.

5/10–6/14 Deadline: 5/3

Thu 6:30–8 PM BTCE WCE-717 001 \$109

#### Beginning Portrait Painting 💼

Learn how to capture a likeness and mix skin tones. You will start with simple shades of color and value and progress to a more thorough investigation and varied palette. Artist/instructor Paula McCarty will place an emphasis on understanding facial structure, universal proportions, and the uniqueness of individual features. Self-portraits and working from mannequins/photos will be included.

This class is appropriate for beginning and experienced painters. A supply list will be provided before the first class meeting. Students investing in their first set can expect an additional expense of approximately \$100.

| 4/7-4/28       | Sat 9:15 AM–noon | WCE-851 001 |
|----------------|------------------|-------------|
| Deadline: 3/31 | PC-C190          | \$139       |

### **ARTS & CRAFTS**

### Summer Still Life 竝

Explore the fundamentals of paint, painting, tonal and chromatic development, composition, and paint handling with artist/ instructor Paula McCarty, MFA. Your focus will be on observation of simple summer-inspired still lifes.

This class is appropriate for beginning and experienced painters. A supply list will be provided before the first class meeting. Students investing in their first set can expect an additional expense of approximately \$100.

| 6/4–6/25       | Mon 6-8:45 PM | WCE-624 002 |
|----------------|---------------|-------------|
| Deadline: 5/28 | PC-C190       | \$89        |

#### Beginning Stained Glass 竝

Bring the beauty of stained glass into your life with glass experts from the renowned shop and studio Cracked Glass. Complete at least two projects and learn glass pattern cutting, copper foil construction, soldering techniques, and copper foil panel repair.

You will need to supply a soldering iron and materials for your second project.

| 6/19-7/24      | Tue 6:30–9 PM | WCE-404 003 |
|----------------|---------------|-------------|
| Deadline: 6/12 | CrkGlass      | \$159       |

### Glass Fusing and Slumping 📩

Experts from Cracked Glass will guide you in making plates, coasters, bowls, jewelry, and decorative art by fusing glass. Learn how to cut and assemble glass for firing, use accessory glass, include non-glass materials, and draw or paint on glass. Topics include incorporating fused glass in stained-glass projects and kiln operation. Complete more than 10 fused items! No previous glass-cutting experience required.

Some supplies included. You will need to supply your own glass cutter, breaking pliers, and purchase some project materials.

| 3/29–5/3       | Thu 6:30–9 PM  | WCE-408 003 |
|----------------|----------------|-------------|
| Deadline: 3/22 | CrkGlass       | \$179       |
| 6/23–7/28      | Sat 9–11:30 AM | WCE-408 004 |
| Deadline: 6/16 | CrkGlass       | \$179       |

#### Music

#### Intermediate Mountain Dulcimer

Learn new techniques, develop and improve your playing style, and build your musical repertoire with folk music enthusiast Hilary Valentine.

Bring your dulcimer.

3/26-4/23 Mon 7-8:30 PM Deadline: 3/19 PC-C142 WCE-875 001 \$69

### Old Time and Country Repertoire 🏜

It's a lot more fun to play with others when you know the songs! Join music enthusiasts Hilary Valentine and Rebecca Grosser for some repertoire building in the old time and early country genres. Learn to sing and play some of the songs of the Carter Family, Hank Williams, Flatt and Scruggs, and others. The focus will be on songs that work well in jam sessions and singalong groups.

Voices and acoustic stringed instruments are welcome.

| 6/4-6/25       | Mon 7–8:30 PM | WCE-307 001 |
|----------------|---------------|-------------|
| Deadline: 5/28 | PC-C142       | \$69        |

#### **Open House**

#### Business Training & Community Education invites you to sample our programs!

#### Thu, April 12 | 3-7pm | 1315 N. Mattis Ave., Champaign

Sample a number of our programs for FREE. This event will give you an opportunity to try personal and professional development classes including cooking, social media, wellness, travel, leadership, and creative expressions.

To participate, preregistration is necessary. Register online at www.parkland.edu/btceRegister and search for Open House.

Participants will receive a 10% discount on select class registrations during the event!

\*Discount applied only to walk-in registrations received during the event. Discount cannot be combined with other discounts and does not apply to some programs.





### Sushi: Step by Step 🟜

Learn the basics for creating your own sushi. Bart Basi describes and demonstrates how the best ingredients make all the difference. You'll appreciate the step-by-step process and the exacting techniques that create each delicious bite.

| 4/3            | Tue 6:30–8:30 PM | WCE-758 001 |
|----------------|------------------|-------------|
| Deadline: 3/27 | HP-H121          | \$69        |
| 5/1            | Tue 6:30–8:30 PM | WCE-758 002 |
| Deadline: 4/24 | HP-H121          | \$69        |

#### Delicious Dishes From Ancient Grains 🏜

Quinoa, buckwheat, millet, barley, and rye are ancient grains that have returned to add interest and impact to our contemporary diet. Amanda Perez-Rosser will walk you through recipes for tasty side dishes and entrees that feature several familiar nutrition-packed nuggets, and several that may be new to you

5/16Wed 6–8 PMWCE-438 001Deadline: 5/9PC-X118\$59

### Quick and Easy Desserts 📫

No one wants to spend hours in a hot kitchen during the summer. So, Amanda Perez Rosser will help you keep your cool with recipes for quick and easy desserts, including palmiers, cheesecake bites, empanadas, and Rocky Mountain pizza.

6/13 Deadline: 6/6 Wed 6–8 PM PC-X118 WCE-969 001 \$59

#### Fine Wine Tasting with Todd Fusco 🏜

Discover new wines, reacquaint yourself with older vintages, learn about pairings with appetizers, entrees, and desserts, and sample the best ingredients for perfect appetizers. Wine specialist and writer Todd Fusco hosts your small group at Champaign's Art Mart, where the world of wine will be opened for you.

Must be 21 years of age. Wine and food sampling included in registration fee.

| 4/11          | Wed 6–8 PM |
|---------------|------------|
| Deadline: 4/4 | Art Mart   |

WCE-380 001 \$89

*Earn your Food Service Sanitation Manager Certification, see page 41 for the Food Service Sanitation course details.* 



Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C ClrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C



#### Introduction to Beekeeping

Master beekeeper Maggie Wachter will provide you with the basics for starting up a hive of your own. Discussion will cover selecting suitable beehive locations, the life cycle of the honey bee, basic equipment, nutrition, and diseases. This class is intended for would-be beekeepers, new beekeepers, and others with a lively interest in honey bees.

| 4/19           | Thu 6:30–8:30 PM | WCE-662 001 |
|----------------|------------------|-------------|
| Deadline: 4/12 | HP-H101          | \$29        |

#### **Furniture Upholstery**

Why buy new and expensive furniture when you can upholster what you already own? With more than 50 years' experience, Dorothy and Dave Deem are among the top upholsterers in this community. Bring that old chair, sofa sectional, or bench and learn to work magic on it.

A supply list will be sent before class. You will need to purchase your own fabric after the first meeting.

| 6/4-8/20       | Mon 6–9 PM | WCE-816 002 |
|----------------|------------|-------------|
| Deadline: 5/28 | PC-T142    | \$189       |

#### Introduction to the Bandsaw Box

Learn the fundamentals of using a bandsaw and the safe use of woodworking tools, as you design and fabricate a Bandsaw Box. Max Zorn will guide you and your project to completion in one 3-hour class.

Bring your own safety glasses, dust mask, and ear protection.

| 4/3            | Tue 6–9 PM | WCE-458 002 |
|----------------|------------|-------------|
| Deadline: 3/27 | CUWSW      | \$75        |

#### NEW

The Life of Cut Flowers is a special floral design class and day trip on May 19. See page 30 for details.

#### **Introduction to Pen Turning**

Learn basic spindle-turning skills to assemble a beautiful wooden slim-line (7mm) style pen. Also learn how to assemble the components in a pen kit as well as the mandrel, pen mill, and pen press. You will take home a personally crafted pen to use or give as a very special gift. Instructor Max Zorn will help along the way.

Bring your own safety glasses and dust mask. Recommended book: The Pen Turner's Bible by Richard Kleinhenz (available at CU Woodshop Supply).

| 4/10          | Tue 6–9 PM | WCE-367 002 |
|---------------|------------|-------------|
| Deadline: 4/3 | CUWSW      | \$75        |

#### Introduction to Woodturning

For centuries skilled craftsmen have been using the lathe for woodturning. Join professional woodturner Jerry Rhoads in the CU Woodshop School of Woodworking to learn how you can turn a piece of wood into a beautiful work of art.

Bring your own safety glasses and dust mask. Supplies included. Recommended text: Woodturning: a Foundation Course, by Keith Rowley.

| 4/4-4/19       | Wed & Thu 6–8:30 PM | WCE-316 002 |
|----------------|---------------------|-------------|
| Deadline: 3/28 | CUWSW               | \$295       |

#### Using Power Tools for Woodworking

Max Zorn teaches you basic setup and safe operating principles for the table saw, miter saw, bandsaw, planer, jointer, router, router table, drill press, mortise, and various power sanders.

Bring your own safety glasses, dust mask, and ear protection.

| 4/16-5/14     | Mon 6–9 PM | WCE-731 002 |
|---------------|------------|-------------|
| Deadline: 4/9 | CUWSW      | \$270       |

### HOME & GARDEN | HISTORY | LANGUAGE & WRITING



#### **Woodworking Safety**

In addition to reviewing safety standards and procedures with Max Zorn, you can opt to take the written and practical exams for Level 1 Woodworker Certification.

Bring your own safety glasses, dust mask, and ear protection. A second 3-hour session for written and practical certification exams will be scheduled between you and the instructor.

| 5/15          | Tue 6–9 PM | WCE-732 002 |
|---------------|------------|-------------|
| Deadline: 5/8 | CUWSW      | \$150       |

#### History

#### The Impact of Photography on the Civil War

See and hear how photographers were able to document the American Civil War from beginning to end. Historian Christina Smith presents their work and how it was used for news and propaganda, recording the ravages of war, chronicling the soldiers' experiences, and memorializing the dead.

| 4/16          | Mon 5:30–8:30 PM | WCE-338 001 |
|---------------|------------------|-------------|
| Deadline: 4/9 | BTCE             | \$39        |

#### NEW

#### The Lincoln Conspirators

Discuss the investigation, capture and arrests, the military tribunal, the sentencing, and the execution of the consiprators in Abraham Lincoln's assassination. Historian Christina Smith presents each conspirator's role in the plot, the decision to try them before a military commission, and the various conspiracy theories that linked Lincoln's death to Confederate and Union officials.

| 5/7            | Mon 5:30-8:30 PM | WCE-715 001 |
|----------------|------------------|-------------|
| Deadline: 4/30 | BTCE             | \$39        |

#### Language & Writing

#### Beginning Chinese 📫

Gain an insight into fascinating Chinese culture. Liu Yan, a native speaker, will guide you through basic Mandarin Chinese speaking skills, vocabulary, and grammar. All materials provided. Text for reference, but not required: *Conversational Chinese* by Kang Yuhua & Lai Siping.

| 4/5-5/24       | Thu 6–8 PM | WCE-364 001 |
|----------------|------------|-------------|
| Deadline: 3/29 | PC-D151    | \$139       |

#### **Memoir Writing**

Your life story is unique and should be recorded for you and your family. With Shirley Splittstoesser, learn seven styles for writing memoirs and choose the style that is right for you. Shirley will teach shortcuts to successful writing, inexpensive self-publishing, and a memorable means for handing out the copies.

Bring a pack of index cards and pen or pencil.

| 4/3-4/24       | Tue 10 AM–noon | WLI-429 002 |
|----------------|----------------|-------------|
| Deadline: 3/27 | BTCE           | \$59        |

#### Poetry Workshop for Adults Over 50

The language and imagery of poetry appeal to all ages. Time passing and life experiences can add understanding, interest, excitement, and serenity to a writer's perspective and creative process. Explore, develop, write, share, and critique your original poems with classmates and the guidance of experienced instructor Thomas C. Jones.

This course is open to all. Emphasis is on age-influenced writing. Bring a 1- to 2-page sample of original poetry or sample by a poet you admire.

4/16-5/7 Mon 6:30-8:30 PM WCE-336 001 Deadline: 4/9 BTCE \$85



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#### NEW

#### Things To Do Before I Kick The Bucket 📫

Business coaches and retirement specialists Cindy Guthrie and Nancy Brain lead you through three workshops to reframe your thinking about retirement, personal priorities, and bold actions that will help you fully embrace the rest of your awesome life. These interactive sessions are appropriate for everyone thinking about retirement and future options, and those currently retired.

| 5/8-5/22      | Tue 5:30–7:30 PM | WCE-909 001 |
|---------------|------------------|-------------|
| Deadline: 5/1 | BTCE             | \$99        |

#### Foundations of Investing

How does investing work to the investor's advantage? What types of investments are best? Kellie Wolking-Kaefring will answer questions about the key features of bonds, stocks, and mutual funds, as well as the importance of proper asset allocation.

| 4/19           | Thu 6:30–8:30 PM | WCE-321 001 |
|----------------|------------------|-------------|
| Deadline: 4/12 | BTCE             | \$15        |

#### 10 Rules of the Road for Investing 🏜

BTCE

Just as you would start a trip, investing has rules, guidelines, and recommendations that make the journey successful and enjoyable. Along with Kellie Wolking-Kaefring, you'll explore how you can move toward your financial goals, following these "rules of the road"—fundamental concepts and strategies to build wealth.

Tue 6:30-8:30 PM

5/8 Deadline: 5/1 WCE-801 001 \$15

### Stocks: Nuts and Bolts 🏜

As you consider your long-term financial goals, how do stocks measure up? Advisor Kellie Wolking-Kaefring will present basic information to help you evaluate how stocks may fit into an overall strategy. Review common versus preferred stock, dividends, investment strategy, and various ways to own stock.

6/7Thu 6:30-8:30 PMWCE-925 001Deadline: 5/31BTCE\$15



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#### Horseback Riding, ages 16+

Learn the fundamentals of horsemanship in semiprivate weekly lessons with Megan Tyler. Emphasis is on balance, control, and safety principles as you learn to properly communicate with and care for a horse. If you have a love for horses or riding, experienced or not, this is a great class for learning and developing your skills.

You must attend the orientation. Semiprivate lessons to be arranged; 1 hour per week for a total of 8 lessons.

| 3/28           | Wed 6–7 PM | WCE-806 001 |
|----------------|------------|-------------|
| Deadline: 3/21 | PC-B124    | \$389       |
| 6/6            | Wed 6–7 PM | WCE-806 002 |
| Deadline: 5/30 | PC-B124    | \$389       |

#### Beginning Bridge 竝

Discover the challenging and enjoyable card game of bridge with Silver Life Master Bob Sievers. Learn how to play the game, evaluate your hand, bid, take tricks, score, play defense, and most of all have fun.

| 4/2-4/16       | Mon 1–3 PM | WCE-914 001 |
|----------------|------------|-------------|
| Deadline: 3/26 | BTCE       | \$49        |

### Intermediate Bridge 📫

You know the basics. Maybe you've attended a first-timers' class. Now is your chance to strengthen your hand, sharpen your strategies, and learn to play with greater skill. Bob Sievers, a Silver Life Master, will give you an obvious edge whether you're interested in organized competitive play or just an evening of entertainment.

Prerequisite: Beginning Bridge or knowledge of standard bridge rules and play.

| 4/23-5/7       | Mon 1–3 PM | WCE-808 001 |
|----------------|------------|-------------|
| Deadline: 4/16 | BTCE       | \$49        |



Learn the sport of target archery from experienced coach Matt Stacher. At Hunters Haven indoor range you'll get hands-on instruction for best practicing stance, release, and safety practices.

Bow and arrows provided.

| 4/19–5/10      | Thu 6:30–8 PM | WCE-794 001 |
|----------------|---------------|-------------|
| Deadline: 4/12 | Hhaven        | \$59        |
| 6/7–6/28       | Thu 6:30–8 PM | WCE-794 002 |
| Deadline: 5/31 | Hhaven        | \$59        |

### Learn to Sail Clinton Lake 🏜

Come sail away on Clinton Lake! Learn sailing basics from a U.S. Sailing Certified instructor during this classroom orientation and a FREE 2 hour instructor-led lesson aboard a 19-foot Flying Scot. In both sessions, you'll cover topics such as the parts of a sailboat, how a sail works, points of sailing, and most importantly, safety guidelines. This course will help you gain basic knowledge and skills necessary for obtaining your small-boat certification. Additional training and certification programs are available through the Clinton Lake Sailing Association. This program is offered in partnership with the Clinton Lake Sailing Association.

A textbook/guidebook for the course will be available for purchase from the instructor for \$10. **Free hands-on instruction** (select your date at orientation): Wednesday, June 27-October 24.

| 3/6            | Tue 6–8 PM | WCE-840 001 |
|----------------|------------|-------------|
| Deadline: 2/27 | BTCE       | \$25        |
| 4/3            | Tue 6–8 PM | WCE-840 002 |
| Deadline: 3/27 | BTCE       | \$25        |
| 5/1            | Tue 6–8 PM | WCE-840 003 |
| Deadline: 4/24 | BTCE       | \$25        |
| 6/5            | Tue 6–8 PM | WCE-840 004 |
| Deadline: 5/29 | BTCE       | \$25        |
| 6/26           | Tue 6–8 PM | WCE-840 005 |
| Deadline: 6/19 | BTCE       | \$25        |

### RECREATION

#### NEW

#### **NRA Basic Pistol Shooting**

Explore the basics of pistol shooting using NRA course content taught by High Caliber Training Center and Indoor Range instructors. This course covers firearm safety and the principles of marksmanship, including proper grip, stance, ready position, sight alignment, sight picture, and trigger control. You will also learn proper care and cleaning of a firearm, ammunition identification and selection, and the proper method for loading and unloading a firearm.

Please bring your own safety glasses and hearing protection. Ammunition and a handgun will be provided for the completion of course objectives. Successful completion of this course counts as 8 hours of state-recognized credit to apply to Illinois Concealed Carry training. An Illinois Firearm Owner Identification (FOID) card is not required for participation.

| 3/31           | Sat 6/23 8 AM–5 PM | WCE-980 004 |
|----------------|--------------------|-------------|
| Deadline: 3/22 | HiCaliber          | \$110       |
| 6/23           | Sat 8 AM–5 PM      | WCE-980 003 |
| Deadline: 6/16 | HiCaliber          | \$110       |

#### Illinois Concealed Carry-8 Hour

Navigate the training necessary for Illinois residents to receive a concealed-carry permit, with instruction by High Caliber Training Center and Indoor Range. This class is for those who are not exempt from state requirements, but possess 8 hours of state-recognized credit for previous training. The course consists of lectures with questions and answers on the Illinois Concealed Carry Act, use of force, unlawful use of weapons, holster options, and draw techniques. The live qualification shoot is done to finalize the completion of the course. Upon the successful completion of the course, participants will receive the Illinois State Police Concealed Carry Firearm Training Certificate.

Please bring your own safety glasses and hearing protection. Participants must provide their own concealable handgun and 30 rounds of ammunition. A holster is not required. Must be 21 years of age. An Illinois Firearm Owner Identification (FOID) card is required for participation.

| 3/25           | Sun 8 AM-5 PM    | WCE-987 003 |
|----------------|------------------|-------------|
| Deadline: 3/18 | HiCaliber        | \$100       |
| 4/25-4/26      | Wed, Thu 6-10 PM | WCE-987 004 |
| Deadline: 4/18 | HiCaliber        | \$100       |
| 4/29           | Sun 8 AM–5 PM    | WCE-987 005 |
| Deadline: 4/20 | HiCaliber        | \$100       |
| 5/18           | Fri 8 AM–5 PM    | WCE-987 006 |
| Deadline: 5/11 | HiCaliber        | \$100       |
| 5/27           | Sun 8 AM–5 PM    | WCE-987 007 |
| Deadline: 5/18 | HiCaliber        | \$100       |
| 6/17           | Sun 8 AM–5 PM    | WCE-987 008 |
| Deadline: 6/8  | HiCaliber        | \$100       |

#### Illinois Concealed Carry-16 Hour

Navigate the training necessary for Illinois residents to receive a concealed-carry permit, with instruction by High Caliber Training Center and Indoor Range. This class is for those who are not exempt from state requirements and need the full 16 hours. This first half of the course covers safe gun handling, handgun nomenclature and operation, shooting fundamentals with hands-on activities, range rules, the basics of cleaning a hand-gun, and continued opportunities for skill development. The second half of the course concealed Carry Act, use of force, unlawful use of weapons, holster options, and draw techniques. The live qualification shoot is done to finalize the completion of the course, participants will receive the Illinois State Police Concealed Carry Firearm Training Certificate.

Please bring your own safety glasses and hearing protection. Participants must provide their own concealable handgun and 30 rounds of ammunition. A holster is not required. Must be 21 years of age. An Illinois Firearm Owner Identification (FOID) card is required for participation.

| 3/24–3/25      | Sat & Sun 8 AM–5 PM | WCE-982 003 |
|----------------|---------------------|-------------|
| Deadline: 3/17 | HiCaliber           | \$200       |
| 4/23–4/26      | Mon–Thu 6–10 PM     | WCE-982 004 |
| Deadline: 4/16 | HiCaliber           | \$200       |
| 4/28–4/29      | Sat & Sun 8 AM–5 PM | WCE-982 005 |
| Deadline: 4/21 | HiCaliber           | \$200       |
| 5/17–5/18      | Thu & Fri 8 AM–5 PM | WCE-982 006 |
| Deadline: 5/10 | HiCaliber           | \$200       |
| 5/26-5/27      | Sat & Sun 8 AM–5 PM | WCE-982 008 |
| Deadline: 5/18 | HiCaliber           | \$200       |
| 6/16–6/17      | Sat & Sun 8 AM–5 PM | WCE-982 007 |
| Deadline: 6/9  | HiCaliber           | \$200       |



#### **NEW** How It's Made

Visit two businesses that reflect the notable history and recent growth of St. Louis. Anheuser Busch has been brewing and bottling beer since its founding in 1852. Tour their premier facility and hear how this global corporation continues to produce and promote "The King of Beers." Lunch will be followed by a tour and tasting at Chocolate, Chocolate, Chocolate to learn about the products, process, and people behind their increasing brand group. You'll also hear about their genuine commitment to quality, sustainability, and fair trade.

This tour may keep you on your feet for extended periods of time. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, site admissions, and afternoon tasting. Lunch is additional. Must be 21 years of age. Bus departs from BTCE.

| 3/28           | Wed 7 AM-8 PM | WTT-324 001 |
|----------------|---------------|-------------|
| Deadline: 3/14 | BTCE          | \$69        |

#### **NEW** The Impressionists and You

Artist/instructor Jackie Tice offers a unique opportunity for you to experience the Impressionists, by presenting a hands-on art history lesson and day trip to the Art Institute of Chicago. Learn some of the techniques, terminology, and philosophy behind this 19th-century movement in a small group setting, then enjoy a guided visit to see one the of the world's great collections of Impressionist paintings, which includes works by Monet, Renoir, van Gogh, Degas, and of course, Seurat.

This tour may keep you on your feet for extended periods of time. If mobility/accessibility is an issue for you, please contact our office with any questions prior to registering. Registration fee includes transportation, admission, and guide fee. Lunch is additional. Bus departs from BTCE.

 4/23-4/25
 Mon 6-8 PM & Wed 7:30 AM-7:30 PM

 WTT-327 001
 Deadline: 4/9
 BTCE \$95

#### **Chicago Ethnic Grocery Tour**

Join John Eby for an exciting and educational walking tour of Chicago's ethnic groceries. Stroll the aisles of each store, where food and culture expert Evelyn Thompson will answer questions about unique and unfamiliar items and discuss preparation, cultural traditions, and history. Stop for lunch at Reza's Restaurant in the Andersonville neighborhood, where you can select items from Persian, Middle Eastern, and Mediterranean cuisines.

Bus departs from BTCE. This is primarily a WALKING tour.

| 5/9            | Wed 7:15 AM-8:15 PM | WTT-304 001 |
|----------------|---------------------|-------------|
| Deadline: 4/25 | BTCE                | \$85        |

### TRAVEL

#### Missouri Botanical Garden in St. Louis

Visit the Missouri Botanical Garden for the first time, or make this a return trip to see more. Your daylong trip, with host John Eby, will include a guided tram tour of the 79-acre garden and exploration of several ornamental and educational displays. You'll have time for lunch and visits to the Garden Gate Shop, Bug Store, and The Little Shop Around the Corner on your own. Seating is limited!

This tour may keep you on your feet for extended periods of time. Registration fee includes transportation, site admission, and tram tour. Lunch and admission fees to special exhibits are additional. Bus departs from BTCE.

| 5/16          | Wed 7 AM-7 PM | WTT-306 001 |
|---------------|---------------|-------------|
| Deadline: 5/2 | BTCE          | \$69        |

#### NEW

#### The Life of Cut Flowers: Ground to Table

Join instructor Trisha Locke, AIFD, CFD, ICPF, on a day-long journey to discover the life of cut flowers. Start the trip by creating a floral arrangement, then see where the flowers come from. You'll visit local flower farm Illinois Willow, in Seymour, and The Roy Houff Company, a floral wholesaler in Normal. You'll tour the warehouse and hear about how they receive and ship flowers to regional floral businesses. Complete your trip by returning to Parkland to pick up your flower arrangement.

This tour may keep you on your feet for extended periods of time. If mobility/accessibility is an issue for you, please contact our office with any questions, prior to registering. Registration fee includes floral materials and afternoon snack. All tools provided. Lunch and other purchases are additional.

| 5/19          | Sat 8:30 AM-4:30 PM | WTT-330 001 |
|---------------|---------------------|-------------|
| Deadline: 5/5 | BTCE                | \$75        |

#### Armchair Travel

Join us for presentations on lands both near and far. Enjoy coffee and cookies as part of a leisurely afternoon.

### NFW

#### **Scottish Castles and Clans**

Loarn Robertson highlights the progress of his homeland through the historical perspectives of its people, their kinships, and their royalty. Learn how history and the community's commitment to its preservation have influenced 21st-century Scotland.

3/20 WLI-801 002 BTCE

Tue 1:30-3 PM Deadline: 3/13 \$9

#### NEW

#### Budapest, Latvia, Estonia, and Finland

Parkland College faculty member Paul Young and his wife Bonnie Burgund have traveled to places near and far, familiar and phenomenal. Join them on a journey through Eastern Europe to see Budapest, Estonia, Latvia, and across the Baltic Sea to Finland. Get to know the cultures, the cuisines, and the challenges faced by their people.

| 4/17        | Tue 1:30–3 PM  |
|-------------|----------------|
| WLI-801 003 | Deadline: 4/10 |
| BTCE        | \$9            |

#### NEW

4/

#### **Three Weeks in Europe**

Parkland College staff member Ruthie Counter invites you to an afternoon reflection on three weeks in Europe. She and her daughter enjoyed wine and cheese at a corner café near the Eiffel Tower, the familiar sites of London, and the charm of Brussels during early summer 2017. No doubt you'll appreciate each place and her perspective.

| 5/15        | Tue 1:30–3 PM |
|-------------|---------------|
| WLI-801 004 | Deadline: 5/8 |
| BTCE        | \$9           |

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#### William M. Staerlel Planetarium

The William M. Staerkel Planetarium is the second-largest planetarium in Illinois! Its Digistar 4 planetarium projection system transforms the 50-foot dome ceiling into an immersive virtual environment.

The planetarium hosts numerous shows, field trips, programs, and special events. To stay up to date, please call our showline at 217/351-2446 or visit us online at www.parkland.edu/planetarium.

- Open for school and civic groups. Reservations required at 217/351-2568.
- Teachers: Find a complete list of school programs by grade level, plus activities for before or after your visit, including links to the NGSS.
- Public presentations Fridays and Saturdays at 7 and 8pm. Tickets \$5 to \$6 at the door.
- Rent-a-Scope: 10-inch Dobsonian telescopes \$10 per night or \$15 per weekend.
- Unique rental space. Birthday parties under the stars.
- Join Friends of Staerkel Planetarium (FOSP) and see FREE shows for a year.
- Join the Galaxy Club. Kids get a stamp card and begin to earn free admission to a show plus our quarterly newsletter with home activities.
- Get your astro news. Northern lights, eclipses, and meteor showers, plus be the first to hear of upcoming programs at the planetarium. Subscribe to our email blast list by sending your email address to planetarium@parkland.edu.

#### How about a Summer Matinee?

The planetarium will once again offer summer matinees for the months of June and July. Bring the kids to presentations at 1 and 2pm on Tuesdays beginning June 5, and Thursday mornings at 10 and 11AM. All tickets are sold at the door. Check our online calendar for a full schedule!

#### Join Us... Out There!

For thousands of years, humanity thought that the Earth was the center of the Universe. Thanks to our curiosity, imagination, and urge to explore, we now know that planets like our Earth are nothing special in the cosmos. The Sun is just one ordinary star among hundreds of billions in our Milky Way galaxy. With the world's most powerful telescopes, we are able to explore more and more of the Universe. What we have found so far has surpassed even the wildest expectations of scientists as well as authors of science fiction. Most stars have planets—it turns out they are more common than we thought. A huge diversity of different worlds is out there, just waiting to be discovered. Produced by the European Space Agency.

#### Moms and Dads, join us on your special days!

Kids, bring your mom and dad to a planetarium show on the weekend of Mother's Day and Father's Day and get them in for half price! Moms get in half price with a paying kid for shows on May 11 and 12. Dads get in half price with a paying kid for shows on June 15.

#### **Scout Sky Badge**

Girl Scouts! Get help on your Naturalist Sky Badge by attending one of two special workshops at the planetarium. Learn how to read a star chart, find constellations and planets in the real planetarium sky, and hear a few stories from the past. Bring something to write with and a flashlight covered with red plastic. Choose one session only. Advance registration is required.

| Tue 4/17       | 7–8:30 PM | WAC-609 001 |
|----------------|-----------|-------------|
| Deadline: 4/10 | PC-PLA    | \$5         |
| Wed 4/25       | 7–8:30 PM | WAC-609 002 |
| Deadline: 4/18 | PC-PLA    | \$5         |

### **PARKLAND PRESENTS**

#### **Boy Scout Astronomy Merit Badge**

Get help with your Astronomy Merit Badge at the Staerkel Planetarium. Each session takes place in the dome, so bring a pencil and a flashlight covered with red plastic, and come ready to work! Choose one session only. Advance registration is required.

| Tue 5/15       | 7–9:30 PM | WAC-610 001 |
|----------------|-----------|-------------|
| Deadline: 5/8  | PC-PLA    | \$6         |
| Wed 5/23       | 7–9:30 PM | WAC 610-002 |
| Deadline: 5/16 | PC-PLA    | \$6         |

#### Loud Music Returns to the Dome!

Check out our schedule this spring for fulldome movie versions of both Pink Floyd's Dark Side of the Moon and The Wall. Selected weekends. Check our website for show dates!

#### Extending Plate Tectonics into the Earth's Deep Interior Using Supercomputers

Dr. Lijun Liu, UIUC associate professor in the Department of Geology will discuss how high-performance computers could help us better understand what's going on hundreds to thousands of kilometers down inside the planet Earth, and how these internal processes influence the surface such as the formation of mountains, sedimentary basins, super-volcanoes, and major river systems. This is the last talk of the academic year in our World of Science Lecture Series.

Fri 4/6 7pm Admission: \$2 at the door

#### See the Real Sky

Join members of the C-U Astronomical Society at their rural observatory for a peek at the real sky. See the stars and planets through the dome's 16-inch telescope or view through other members' telescopes. Look for the grand opening of their new roll-off-roof observatory this spring! All observing events are weather permitting.

4/21, 5/19, 6/16 8 PM

Location: CUAS Observatory, County Road 700E, south of Monticello Road, southwest of Champaign.

Visit www.cuas.org for directions.

#### **Giertz Gallery**

## Graphic Design: Parkland College Student Juried Exhibition

#### Mon 5/14-Thu 5/31

Reception: Wed 5/16, 5:30-7:30 PM Awards Ceremony at 6:30 PM

This exhibit highlights the work of Parkland's Graphic Design, Web Design, and Motion Graphics students. The variety of student works often include movie posters, menus, website design, and product design, among many other projects. Students have the opportunity to share their efforts with the community and professionals in the marketing, communications, advertising, and design industry. These professionals often callaborate with Parkland by challenging students with real-life projects and frequently donate monetary awards as well. This partnership fosters service learning—an important element of the design program's curriculum.

#### Summer Gallery Hours: Mon-Thu 10am-7pm

**Gallery will be closed** May 28 in observance of Memorial Day and July 4 observance of Independence Day.

Programs at the Giertz Gallery are partially supported by a grant from the Illinois Arts Council, a state agency. All events in the gallery are accessible, free, and open to the public. For more information call 217/351-2485 or visit www.parkland.edu/gallery.

Visit our website at www.parkland.edu/gallery for additional programing, participating artists, and to sign up to receive our "e-blasts" full of updates and interesting features.

#### Theatre

#### Memphis

Music and lyrics by David Bryan, lyrics and book by Joe DiPietro Directed by Jeff Dare

*Memphis* is loosely based on the first white DJ to play black music in the 1950s, Dewey (Daddy-O) Phillips. In spite of the barriers of prejudice and oppression, Phillips and the phenomenal talent he featured on his radio show sing, play, and dance in the raucous birth of rock and roll. Filled with high-energy numbers, this musical won four 2010 Tony awards, including Best Musical.

#### Performances:

April 5, 6, 7, 13, 14, 20, 21 at 7:30pm April 15, 22 at 3pm The Harold and Jean Miner Theatre

#### **Ticket Prices:**

Adult \$16, Student/Senior \$14, Youth \$10, Group (20 or more) \$12 Opening night is half-price night

Reservations: theatre@parkland.edu or call 217/351-2528



#### **Real Estate**

#### **Illinois Licensing Requirements**

Those eligible to obtain an Illinois broker's license must be at least 21 years of age, have a high school diploma (or equivalent), and have successfully completed 90 hours of pre-license education (WBT 815 and WBT 816). Students must attend a minimum of 90% of course sessions and receive a passing grade on the final course examination in order to qualify for a Uniform Real Estate Transcript, which is required for taking the state examination.

#### **Broker's Pre-License Information Session**

Become a real estate broker! Learn about Illinois licensing requirements, training and career opportunities.

What you'll gain:

- Important details about the course
- Opportunity to meet the instructor and ask questions
- Insight into a career as a real estate broker
- Illinois Licensing Requirements

| 7/25           | Wed 6–7 PM | WBT-962 002 |
|----------------|------------|-------------|
| Deadline: 7/18 | FREE       | BTCE        |

#### **Broker's Pre-License Topics**

Fulfill 75 of the required 90 hours of pre-license education with this state-approved course taught by Harrison Strange. Topics include Illinois real estate license law and rules; Illinois law specific to real estate ownership, rental, and transfer; and federal law, including fair housing, antitrust, and common law.

Books will be available at the first class meeting.

| 8/13-11/7     | Mon & Wed 6–9 PM | WBT-815 002 |
|---------------|------------------|-------------|
| no class 9/3  |                  |             |
| Deadline: 8/6 | BTCE             | \$798       |

#### **Broker's Pre-License Principles**

Fulfill 15 of the 90 hours of pre-license education with this state-approved course taught by Harrison Strange. Apply what you learned in the 75-hour Broker Pre-

License Topics (WBT 815), practice dealing with buyers and sellers in a safe environment using the laws and rules reviewed in WBT 815, and gain insight on the proper application of the laws and rules.

Prerequisite: Broker Pre-license Topics, WBT 815. Book included, available at first class meeting.

| 11/19–12/5      | Mon & Wed 6–9 PM | WBT-816 002 |
|-----------------|------------------|-------------|
| no class 11/21  |                  |             |
| Deadline: 11/12 | \$249            | BTCE        |

You've served your country. Now let us help you start your career in real estate. Veterans are eligible to use their GI Bill benefits for real estate pre-license education courses offered by the IAR Licensing and Training Center. www. illinoisrealtor.org/GIBill.

- "I absolutely love what I do, and shouldn't have waited so long."
- —Diane Dawson, real estate broker, Re/Max Realty Associates



# ON YOUR SCHEDULE

Our catalog includes a wide range of online certificate courses that are regularly revised to reflect current industry knowledge. This is a partial list of our online courses.

*To learn more about theses and other courses visit parkland.augusoft.net* 





| Administrative Assistant & Professional      | \$3,995 |
|--|---------|
| Bookkeeping with QuickBooks                  |         |
| Advanced Human Resource Management           | \$3,995 |
| with PHR Exam Prep                           |         |
| Business Writing Basics                      | \$40    |
| Classroom Management Secrets                 | \$195   |
| Clinical Medical Administrator               | \$3,995 |
| Clinical Medical Technician with Externship  | \$3,995 |
| Dealing with Difficult People                | \$195   |
| Dental Assistant                             | \$3,595 |
| Grant Writing 101                            | \$195   |
| Medical Administrative Assistant (CMAA exam) | \$2,995 |
| Medical Billing & Coding with Terminology,   | \$3,995 |
| A&P, ICD 10 Coding (CBCS exam)               |         |
| Medical Terminology                          | \$195   |
| Medical Terminology: An Overview             | \$195   |
| Pharmacy Technician                          | \$2,795 |
| SMARTBoard Training                          | \$195   |
| Teaching Struggling Readers                  | \$195   |
| The Flipped Classroom                        | \$195   |
| Technical Writing                            | \$2,295 |
| Using Technology in Your Classroom           | \$195   |
| Veterinary Assistant Professional Program    | \$3,295 |

#### **Nonprofit Training Series**

#### Back by popular demand!

Discover how to run a better, stronger nonprofit organization! These workshops are perfect for smaller to midsized social service groups, arts and environmental organizations, religious and education-focused groups, and many others. Staff, board members, and volunteers are all encouraged to register. For maximum impact, the entire series is highly recommended. Classes are taught by award-winning 21-year nonprofit veteran Laura Huth-Rhoades from do good Consulting.

#### Nonprofit Marketing: Easy Ideas That Really Work!

Learn the best low-cost and high-impact outreach ideas to boost your nonprofit organization's visibility. Discover great and simple tips to grab and keep the public's and media's attention, involve others in your cause, and give a boost to your fundraising. Covered tools include print materials, social media, online communications, and even public presentations. Leave inspired with a ton of new and easily implementable low-cost ideas for everyone at your organization to embrace—as well as an action plan to use when you get back to work!

| 4/23           | Mon 9AM–noon | WBT-462 001 |
|----------------|--------------|-------------|
| Deadline: 4/16 | BTCE         | \$45        |

#### Creating High-Impact Nonprofit Communication on a Budget

What exactly do others really think of your group's marketing materials—your website, brochures, social media, e-newsletters —even your business cards and PowerPoint templates? In this immersive training, bring your materials and laptop for a critical and hands-on look at what changes you can make—within in your budget—to create higher-impact, vibrant communications. With expert assistance, deconstruct your materials with a critical eye, helping you find ways to tweak your look, layout, style, words, and images. You'll interface with peers for feedback and have time for planning and one-on-one coaching.

#### Lunch will be provided.

| 4/24           | Tue 9 AM–3 PM | WBT-475 001 |
|----------------|---------------|-------------|
| Deadline: 4/16 | BTCE          | \$99        |

"The classes from do good at Parkland taught us immediate ways to begin to change operations and raise more money. Incremental things packed a huge punch. We felt the positive impacts immediately, and it helped to buffer the storm we found ourselves in. And it gave us optimism during dark times."

> ---Mary Evans, Executive Director for Rape Advocacy, Counseling, & Education Services

#### Fundraising that Works: Building Your Grassroots Giving Program

Tired of the endless grant writing and reporting cycle? This intensive training is for you! Join fundraising expert Laura Huth-Rhoades for an in-depth, planning-driven training and learn to diversify your fundraising to create more long-term, sustainable giving.

Get coached in:

- who gives, how they give, and why
- how and when to ask
- how to super-charge annual giving letters and campaigns for bigger results
- super-easy cultivation and communication strategies that really work

Roll up your sleeves and:

- work through real problems your group is facing
- get expert input to make high-impact, achievable changes learn do's and don'ts from peers with similar experiences
- discover ways to involve everyone in your group in making fundraising work

Walk away ready to take fundraising to the next level—immediately!

Lunch will be provided

| 4/25           | Wed 9 AM–3 PM | WBT-476 001 |
|----------------|---------------|-------------|
| Deadline: 4/16 | BTCE          | \$99        |



#### **Nonprofit Training Series**

### Hooking Your Audience: Storytelling for Nonprofits

If you want to raise more money, attract more volunteers, or get better media coverage, you must get people excited about your cause! And one of the best ways to do this is to tell great stories. The power strong stories can have on nonprofits bottom line is game-changing. Learn how to weave engaging stories that engross audiences and begin to write some on the spot with expert coaching and peer-reviewed input. Once you've mastered the basics, we'll then put pen to paper. You'll see the work of your organization come alive and pull heartstrings. Finally, start planning how to put your stories into action in your communications, including e-newsletters, appeal letters, websites, brochures, social media, and presentations. This training has been described as transformational. Learn how to bring this skill to every layer of your nonprofit's work!

Lunch will be provided.

| 4/26           | Thu 9 AM–3 PM | WBT-483 001 |
|----------------|---------------|-------------|
| Deadline: 4/16 | BTCE          | \$99        |

#### **Photography for Nonprofits**

A picture speaks 1,000 words. Are the images you're using at your nonprofit really speaking to your audiences? Are they really grabbing people's attention and telling a compelling story about your work and impact? If your photos could use a kick-start, this workshop is the place to be. You'll learn super-simple techniques to use on the devices you already have in your pocket or hand your cell phone or tablet. And you'll get to actually practice what you learn in class! Take what you learn in class and make your website, print materials, and social media sing!

| 4/27           | Fri 9 AM–noon | WBT-484 001 |
|----------------|---------------|-------------|
| Deadline: 4/16 | BTCE          | \$45        |

#### **NEW!** Exclusive Management

#### Breaking Barriers to Success

Join four top professionals and learn tips and tricks from the best! Remove communication barriers, understand different generational perspectives, how to maximize your time, the importance of your well-being, and eight keys to workplace safety.

This new lunchtime series is perfect for supervisors, team leaders, managers, young careerists, and anyone wanting to gain an edge and develop professionally. Additionally, this series will provide you with time to network with others in the community, including your speakers. Lunch will be provided. \$399 for the five-course series.

#### **Essence of Communication**

Improve your communication effectiveness immediately with three key takeaways. Today's competitive marketplace demands that organizations work more efficiently than ever before. From leadership to teamwork, from customer service to sales... every position's success revolves around the individual's ability to effectively communicate with others. To accomplish it, organizations need to find ways to work smarter and faster, relying more and more on the knowledge and individual skills of each person. Learn how using DiSC® Classic can provide you with a better understanding of your own communication style and help create better opportunities for team building. Personalized assessment included! After completing the workshop, you will be able to:

- identify your primary communication style
- recognize and identify the communication styles of your other team members
- create plans to build better work relationships with others Lunch is provided. DiSC assessment included.

| 6/13          | Wed 12–1:30 PM | WBT-593 001 |
|---------------|----------------|-------------|
| Deadline: 6/6 | BTCE           |             |



Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C ClrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C

#### **NEW!** Exclusive Management

#### From Wedding Rings to Nose Rings... Generational Differences at Work

"I can't believe they said that." "I can't believe that they let someone treat them like that." "I refuse to give my life to this job." "It used to be..." The largest part of the workforce is now comprised of Generation X and Millennials. Generational diversity has become an important issue for everyone. We look to our clients whose differing needs will result in seismic changes in consumer education techniques. We can look to our colleagues as we struggle to understand what motivates each individual. But, more importantly, we must look to ourselves as our work environments resound with the refrain "I can't believe they said that/did that." Employees today must be comfortable with diversity. Faith Roberts will outline the six major age groups and the work characteristics typical of each. By learning about a generation and its values, employees will function with a better understanding of what motivates their co-workers. Emphasis will be placed on the commonalities of each generation while recognizing their differences.

Lunch will be provided.

| 6/27          | Wed 12–1:30 PM | WBT-536 001 |
|---------------|----------------|-------------|
| Deadline: 6/6 | BTCE           |             |

#### **Out of Time: Mastering Your Time**

One of the most commonly heard phrases in workplaces across the country is "we don't have enough time." Poor time management leads to overtime, stress, and often, poorly executed work! Developing techniques to make more intelligent use of your time, and learning to prioritize and effectively manage a challenging workload can lead to a more productive workforce getting more important work done in less time and with less stress! Discover three key areas of effective time management: setting goals, establishing priorities, and scheduling your time. Participants will receive practical tips for improving time management skills in these three key categories and create their own personal action plan under each of the categories. After completing the workshop, you will be able to:

- Identify your own particular time wasters and adopt strategies for reducing them.
- Create effective goals that drive success.
- Understand how to prioritize your work and know when to say "No"!
- Create personal action plans to increase your time management skills in all three categories.

#### Lunch will be provided.

| 7/11          | Wed 12–1:30 PM | WBT-875 001 |
|---------------|----------------|-------------|
| Deadline: 6/6 | BTCE           |             |

#### Wellness: Intensions, Breaks and Fuel

Create your own healthy, happy, and productive office environment with Lola Pittenger! According to the U.S. Bureau of Labor Statistics, over 90 percent of workers spend more than 40 hours per week at work, which makes the workplace a perfect place to target and change health behaviors. Reduce the chaos, stress, and anxiety by discovering the power of setting intensions for the day, the positive impact of breaks, and how to properly fuel your body for optimal performance in and out of the office. This experience will guide you to your best self and help you feel successful and positive... after all, being strong, healthy, and energetic is essential in today's competitive marketplace!

Lunch will be provided.

| 7/25          | Wed 12–1:30 PM | WBT-978 001 |
|---------------|----------------|-------------|
| Deadline: 6/6 | BTCE           |             |

#### 8 Keys to Safety in the Workplace

Take away valuable safety information to apply immediately in your workplace. You will learn and discuss basic fundamentals, how to design and describe a safety vision statement, and define the safety values and goals. Tom Grey of Grey and Associates will also discuss the eight key elements to safety and how to apply those elements in your workplace.

Lunch will be provided.

| 8/8           | Wed 12–1:30 PM | WBT-995 001 |
|---------------|----------------|-------------|
| Deadline: 6/6 | BTCE           |             |

#### **Marketing & Sales**

#### **Drones: Photography and Video Production**

Discover how to get the most out of your drone's camera capabilities. It takes planning, execution, and post-production. Professional drone pilot Mike Bohlmann will lead you through the basics of drone cameras, getting great angles, and taking your raw imagery to another level in post-production. Whether you are interested in shooting panoramic photos or sweeping video landscapes, you will gain valuable tips, tricks, and insights from this course. You do not need to own a drone to take this course. The course will utilize Adobe Creative Cloud applications.

| 4/5-4/19       | Thu 6–9 PM | WBT-544 001 |
|----------------|------------|-------------|
| no class 4/12  |            |             |
| Deadline: 3/29 | BTCE       | \$199       |

#### **Marketing & Sales**

#### NEW

#### Landing Business: Fundamentals of the Sales Process

Landing business will be easier than you imagined with thoughtful planning, tips, and insights. Elevate your business success with Christine Schmucker by understanding the sales process. Whether you are with a large or small organization, having a strategic selling process and full understanding will increase your efficiency and bottom line. Discover the components of the planning process, prospecting, cold calling, qualified leads, effective sales meetings, and negotiation.

This class will meet online for one hour per week. You will need access to a computer, high-speed internet, and speakers/headset. Directions on how to access your class online will be emailed to you the Friday before your class begins.

| 4/11-5/16     | Wed 12–1 PM | WBT-573 W002 |
|---------------|-------------|--------------|
| Deadline: 4/4 | Online      | \$149        |

#### NEW

#### Google: What You Need to Know 📫

Unlock the possibilities of Google Suite! Programs within the suite include Gmail, Calendar, Drive, and Docs. Learn the basics needed to use the programs effectively and efficiently. Through hands-on activities, your expert instructors, Amanda Romine and Kendall Huffman, will show you tips and tricks with each program.

| 6/11          | Mon 8–10 AM | WBT-408 001 |
|---------------|-------------|-------------|
| Deadline: 6/4 | BTCE        | \$99        |

#### NEW

#### Google: More of What You Need to Know 📫

The exploration and possibilities are endless with Google! Explore the remaining Google Suite programs which include Sheets, Slides, Forms, and Drawings. Learn the basics needed to use the programs effectively. Amanda Romine and Kendall Huffman will walk you through each program and allow time to practice working within each to gain hands-on experience.

Suggested prerequisite: Google: What You Need to Know

| 6/18           | Mon 8–10 AM | WBT-415 001 |
|----------------|-------------|-------------|
| Deadline: 6/11 | BTCE        | \$99        |

#### NEW



Already know the basics of Google Suite? Explore the leading-edge features of the platform with experts Amanda Romine and Kendall Huffman. Discover and use advanced elements to truly get the most out of the programs. In addition, learn about using add-ons and extensions, as well as third party apps that can be used with the Google platform.

Suggested prerequisite: Google: More of What You Need to Know

6/25 Mon 8-10 AM WBT-416 001 Deadline: 6/18 BTCF \$99

#### NEW

#### **Social Media for** Business 101: How to Get Started

Create your business's presence on social media, or if you have a presence learn how to make it better. Topics include ideas on choosing the right channels and setting basic strategies. It will include an introduction to the most mainstream forms of social media including Facebook.

You are welcome to bring your own device as wifi is available; however class will be held in a computer lab.

| 5/2            | Wed 3:30–5 PM | WBT-532 001 |
|----------------|---------------|-------------|
| Deadline: 4/25 | BTCE          | \$99        |

#### NEW

#### **Facebook Ads:** Get the Most Bang for Your Buck 👬



Discover some of the best practices for Facebook advertising! Learn the steps to creating an ad campaign as well as a list of dos and don'ts when paying for advertising on social media.

You are welcome to bring your own device as wifi is available; however class will be held in a computer lab.

| 5/9           | Wed 3:30–5 PM | WBT-540 001 |
|---------------|---------------|-------------|
| Deadline: 5/2 | BTCE          | \$99        |

#### NEW

#### Measured Success: Social Media Analytics

Your social media channels offer tons of data, but how do you use it to get better? Learn and see first-hand some key analytics to monitor and tips about how to improve your social media presence based on your numbers.

You are welcome to bring your own device as wifi is available; however class will be held in a computer lab.

| 5/23           | Wed 3:30–5 PM | WBT-543 001 |
|----------------|---------------|-------------|
| Deadline: 5/16 | BTCE          | \$99        |



#### **Leadership Certificate Series**

The Parkland College Leadership Series consists of 14 unique courses offered January-December, designed to enhance and develop the skills of extraordinary leadership. In order to qualify for the certificate, participants must complete a minimum of 44 hours consisting of 5 required courses AND 6 of 9 optional courses.

\*Denotes required course. Required courses include Communicating for Superior Teamwork: Managing Your Communication Style; Principles and Qualities of Genuine Leadership; Communication Excellence: Managing Performance with DiSC; Providing Constructive Feedback; and Developing Others.

#### **Communication Excellence: Managing** Performance with DiSC\*

In Communicating for Superior Teamwork<sup>™</sup> you gained a new understanding for why we act the way and say the things we do-after all it is who we are! Using the DiSC model to evaluate our team members can be useful, but what do we do once we know their preferred communication style? Using the New Everything DiSC Management Profile, you will explore the differences between an individual's primary communication style and preferred leadership style. Delving deeper into the dynamics of teams, Communication Excellence™ provides actionable insights into conflict resolution, team building, leadership, and coaching.

Online assessment must be completed by the deadline date.

| 3/15           | Thu 8 AM–noon | WCT-303 003 |
|----------------|---------------|-------------|
| Deadline: 2/22 | BTCE          | \$199       |
| 3/15           | Thu 1–5 PM    | WCT-303 002 |
| Deadline: 2/22 | BTCE          | \$199       |

#### **Time Mastery: Maximize Your Time**

In today's streamlined, fast-moving workplace, it's more important than ever to improve productivity and increase efficiency. Time Mastery will help you evaluate your time management effectiveness and provide a detailed framework for personal action planning under each of the 12 critical areas: attitudes, interruptions, goals, meetings, priorities, written communications, analyzing, delegation, planning, procrastination, scheduling, and team time. Receive practical tips for improving your time management skills in those areas that need work. Receive an individual report that includes a Skills Gap Analysis, which provides data to quickly determine where to focus your time management efforts for greater professional success.

Online assessment must be completed by the deadline date.

| 3/28           | Wed 8 AM–noon | WCT-304 001 |
|----------------|---------------|-------------|
| Deadline: 3/14 | BTCE          | \$199       |
| 3/28           | Wed 1–5 PM    | WCT-304 003 |
| Deadline: 3/14 | BTCE          | \$199       |
| 4/5            | Thu 1–5 PM    | WCT-304 002 |
| Deadline: 3/22 | BTCE          | \$199       |

#### **Providing Constructive Feedback\***

To know how well they are doing, employees need regular feedback from their manager. Providing constructive feedback not only helps solve problems, but also can work to prevent potential problems from growing to the point in which they have a negative impact on others and the organization. Discuss how to provide constructive feedback in a way that builds openness and mutual respect, and promotes problem solving and learning. Participants will complete a variety of activities that explore the key actions for providing constructive feedback, techniques for encouraging involvement and handling challenging responses, and planning a feedback conversation.

| 4/18           | Wed 8 AM–noon | WCT-305 001 |
|----------------|---------------|-------------|
| Deadline: 4/11 | BTCE          | \$199       |
| 4/26           | Thu 8 AM–noon | WCT-305 003 |
| Deadline: 4/19 | BTCE          | \$199       |

#### **Developing Others\***

Individual contributors face regular challenges in performing their work, and a supervisor's job is to help them work through these challenges. Sometimes the best help a coach can give is to assure employees they have the ability to make decisions and solve problems on their own. Learn how coaching can benefit those being developed, the manager, and the overall organization. Learn how to recognize the challenges faced in developing others; demonstrate a variety of listening and asking techniques to help others feel confident making decisions; and conduct focused development conversations that result in professional development and growth.

| 5/16           | Wed 8 AM–noon | WCT-306 001 |
|----------------|---------------|-------------|
| Deadline: 5/9  | BTCE          | \$199       |
| 5/24           | Thu 8 AM–noon | WCT-306 003 |
| Deadline: 5/17 | BTCE          | \$199       |

Location Key: ArtMart 1705 S Prospect Ave, C • BTCE Parkland College Business Training & Community Education 1315 N Mattis Ave, C CIrLake Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • CrkGlass Cracked Glass 602 E High St, U • CUWSW CU Woodshop School of Woodworking 1302 Parkland Ct, C • ES Eastland Suites 1907 N Cunningham Ave, U • HiCaliber High Caliber Training Center, 1414 Triumph Dr, U • HHaven Hunter's Haven 1040 W Bloomington Rd, C • HP Parkland Health Professions 1309 N Mattis Ave, C • PC Parkland College MAIN CAMPUS 2400 W Bradley Ave, C

#### **Leadership Certificate Series**

#### Take Control—Reducing Email Stress and Overload

Do you often feel like you could spend your entire day responding to incoming email messages and still never keep up? Ineffective email practices have a negative impact on productivity, teamwork, and your organization's bottom line! From the minute-to-minute interruptions of today's email systems to the loss of personal connections, our current email practices are a major cause of disruptions to organizational and individual performance. You will learn research-proven strategies for managing excessive emails, efficiently handling all incoming emails, writing effective emails, minimizing interruptions, and utilizing all the tips and tricks to help you take back control of your email systems.

| 6/6            | Wed 8 AM–noon | WCT-307 001 |
|----------------|---------------|-------------|
| Deadline: 5/30 | BTCE          | \$199       |
| 6/6            | Wed 1–5 PM    | WCT-307 002 |
| Deadline: 5/30 | BTCE          | \$199       |

#### Leading Change at Every Level

The ability to lead change has become a critical performance measurement in today's unpredictable workplace environment. Traditionally, CEOs have shouldered the responsibility for implementing organizational change. However, corporate cultures have streamlined and recent research tells us that change is effectively implemented when it's led by those it most directly affects. Learn the five dimensions of change leadership that will help to garner support for any change effort.

| 7/19           | Thu 8 AM–noon | WCT-308 002 |
|----------------|---------------|-------------|
| Deadline: 7/12 | BTCE          | \$199       |
| 7/19           | Thu 1–5 PM    | WCT-308 001 |
| Deadline: 7/12 | BTCE          | \$199       |

#### **NEW!** The Manager's Toolbox

The Manager's Toolbox is a suite of online courses designed for the new manager. New managers face challenges every day that they have likely never encountered before. The Manager's Toolbox seeks to give the learner a head start on managing issues correctly and professionally with less stress and fewer negative organizational circumstances. The courses will offer learners an explanation of the managerial mindset that all managers and leaders must adopt to succeed.

There are a number of managerial factors that are vital in managing and leading. Becoming a better manager or leader is directly connected to how well you can master them. The courses contain detailed explanations, best practices, and key questions on 18 managerial and leadership factors including video advice from D. Quinn Mills, Albert J. Weatherhead, Jr. Professor of Business Administration, Emeritus at Harvard Business School.

Online, self-paced, 24/7 access! Courses begin upon registration.

- Nuts and Bolts
- New Manager Challenges
- Compliance Challenges
- Handling Conflict
- Morale and Inspiration
- Performance Challenges
- New Leader Challenges

Each course is only \$99! Visit www.parkland.edu/ btceRegister to learn more and register.

#### **Workplace Safety**

#### **Food Service Sanitation**

Earn the Food Service Sanitation Manager Certification for food handlers. Katie Taylor covers foodborne illness, time and temperature control, personal hygiene, cleaning and sanitizing, HACCP, food safety, preparation and serving, crosscontamination, and government regulations.

The exam is available in English, Spanish, Traditional Chinese, Simplified Chinese, Korean, and Japanese. The course is taught in English only.

| 4/2            | Mon 8 AM–5 PM | WBT-610 003 |
|----------------|---------------|-------------|
| Deadline: 3/26 | BTCE          | \$198       |
| 5/7            | Mon 8 AM–5 PM | WBT-610 004 |
| Deadline: 4/30 | BTCE          | \$198       |
| 6/4            | Mon 8 AM–5 PM | WBT-610 005 |
| Deadline: 5/28 | BTCE          | \$198       |

#### **Basic Forklift**

With Grey & Associates, learn how to operate a forklift truck safely and effectively. Upon completion of the course, you will be familiar with the basic skills and knowledge of job safety required for operating a forklift. Become familiar with the controls, daily checks, OSHA regulations, ANSI standards, factors in center of gravity and stability, load capacity, accident statistics, and much more. The course length has been increased to allow for more hands-on time with the forklift.

Prerequisite: Must be able to read, write, speak, and comprehend the English language.

| 5/8            | Tue 8:30 AM–4:30 PM | WBT-313 003 |
|----------------|---------------------|-------------|
| Deadline: 4/24 | BTCE                | \$249       |
| 6/26           | Tue 8:30 AM–4:30 PM | WBT-313 004 |
| Deadline: 6/12 | BTCE                | \$249       |



#### **Emergency Vehicle Driving Course**

New and experienced drivers of emergency vehicles are encouraged to complete this required competency course for the FSVO and FAE certifications with instructor Brian Ball.

Report to the designated driving course with an apparatus from your home department.

| 4/7            | Sat 8–8:45AM        | WBT-525 001 |
|----------------|---------------------|-------------|
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 8:45-9:30AM     | WBT-525 002 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 9:30–10:15AM    | WBT-525 003 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 10:15–11AM      | WBT-525 004 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 11–11:45AM      | WBT-525 005 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 11:45AM–12:30PM | WBT-525 006 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 12:30–1:15PM    | WBT-525 007 |
| Deadline: 3/31 | \$99                | ClrLake     |
| 4/7            | Sat 1:15–2PM        | WBT-525 008 |
| Deadline: 3/31 | \$99                | ClrLake     |

**Location Key: ArtMart** 1705 S Prospect Ave, C • **BTCE** Parkland College Business Training & Community Education 1315 N Mattis Ave, C **CIrLake** Clear Lake Subdivision, intersection of Olympian and Legacy Avenue, C • **CrkGlass** Cracked Glass 602 E High St, U • **CUWSW** CU Woodshop School of Woodworking 1302 Parkland Ct, C • **ES** Eastland Suites 1907 N Cunningham Ave, U • **HiCaliber** High Caliber Training Center, 1414 Triumph Dr, U • **HHaven** Hunter's Haven 1040 W Bloomington Rd, C • **HP** Parkland Health Professions 1309 N Mattis Ave, C • **PC** Parkland College MAIN CAMPUS 2400 W Bradley Ave, C

#### Highway Construction Careers Training Program

Are you a minority, woman, or disadvantaged individual interested in a construction career?

#### This FREE training program is for YOU!

The 14-week class covers these areas:

- Math for the trades
- Job readiness
- Technical skills
- OSHA 30 certification
- Forklift and aerial lift
- First aid and CPR
- AED
- Skid steer
- Backhoe and endloader
- Crane safety and rigging

You must attend orientation to join the class. Register for orientation online at www.parkland. edu/highwayconstruction. If you have questions, contact 217/353-2122 or btce@parkland.edu.

#### **Orientation:**

July 10, 11, or 12 FREE 2–3:30 PM Location: BTCE

#### Class:

Aug 14–Nov 16 7:50 AM–4:30 PM Location: BTCE Tue–Fri FREE

Funded by the Illinois Department of Transportation; administered by the Illinois Community College Board.

> "When asked what advice he would give someone contemplating the CDL Truck Driver Training program at Business Training & Community Education he says, "Do it, get in the program, listen to the instructors and you can't fail."

> > -Craig Roppel, CDL Graduate Parkland College Business Training & Community Education

#### CDL

#### **Tractor Trailer Driver Training**

Train to earn your commercial driver's license and prepare for a career in the trucking industry, one of the fastest-growing industries in the country. More than 300,000 truck driving jobs are now available in the United States. This course is for students with little or no commercial driving experience. Parkland College's Tractor Trailer Driver Training program, provided by 160 Driving Academy, includes everything you need in order to earn a CDL and find your first job as a truck driver. Train to earn your CDL learner's permit in the first week of class as you learn DOT rules, regulations, and log book requirements. The remaining three weeks are spent on thorough driving training. After successful completion of the course, you will take the Class A test onsite and receive a certificate of completion as well as an Illinois commercial driver's license from the Secretary of State. Most important, our staff will work with our partners in the trucking industry to secure job placement for you. You must provide a copy of your DOT physical and drug-screening test before starting the course.

Classes start every month. Call 217/353-2106 for an appointment. **Important:** Course fee includes your physical, drug screening, and permit costs.

\$4,695





#### **Local Anesthesia for Dental Hygienists**

Discover the essential skills and knowledge for safe and effective administration of local anesthesia in dental hygiene practice. Discuss the integration of anatomy, physiology, and pharmacology as they relate to the administration of local anesthesia. Clinical sessions with Laura Hettinger are included to develop competency and confidence in the technique of administering local anesthesia.

Book additional and required: Handbook of Local Anesthesia, 5th ed. Available at Amazon.com. The online instruction must be completed prior to the lab session. Please bring a copy of your license and current CPR card to the scheduled lab days.

Online: 5/21–7/11 Lab: 7/12-7/13 Deadline: 5/14

Thu & Fri 8 AM-4 PM PC-L157 WBT-965 001H

\$899

NEW

#### Local Anesthesia Update: Improve Your Patient's Anesthesia and Reduce Medical Emergencies

Refresh your current knowledge and improve your patient's anesthesia and reduce medical emergencies. During this online course, you will be introduced to how to more effectively use the anterior middle superior alveolar (AMSA) nerve block, improve anesthesia on the inferior alveolar nerve block (IAB), how Articaine can benefit your patients and finally, how to reduce the risk of medical emergencies for your patients.

| 4/9-4/22      | Online | WBT-867 W001 |
|---------------|--------|--------------|
| Deadline: 4/2 |        | \$899        |

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#### HEALTH

#### Traditional Thai Yoga Massage Therapy 🏜

"Lazy Man's Yoga" as practiced in Thailand combines gentle stretching, acupressure, and breath work in one beautiful and meditative experience. The benefits of this type of bodywork includes increased energy and relaxation. This course is perfect for massage and physical therapists, yoga teachers, personal trainers, or any "lazyman." In this enjoyable, informative training you will learn:

- Awareness practices that promote your well-being.
- Proper use of leveraged weight and body mechanics.
- A gentle warmup and centering practice that includes a few basic yoga postures.
- How to release bodily tension using acupressure points. Plus, experience this release of tension for yourself.
- Versatile techniques for giving bodywork with comfort and ease using hands, feet, forearms, and elbows.

Bonus! Some of these techniques will transfer onto the table for bodyworkers.

#### CEU: 33

| 4/13-6/29     | Fri 6–9 PM | WBT-493 001 |
|---------------|------------|-------------|
| Deadline: 4/6 | HP-H122    | \$299       |

#### Fast Track Dietary Manager

If you are working in the field of dietetics and food service and are ready to advance your career, then this 90-hour course is for you. Katie Taylor covers basic nutrition, introduction to medical nutrition therapy, food service management, human resources, and food safety. In addition to the class work, you will complete the 150-hour internship required to be eligible to sit for the Dietary Manager Exam. The Fast Track Dietary Manager course has been accredited by the Dietary Managers Association.

You will receive online access instructions via email after registration. The two required textbooks can be purchased at www. anfponline.org: Nutrition Fundamentals and Medical Nutrition Therapy and Foodservice Management By Design.

| 5/7-11/2       | Online | WBT-800 W001 |
|----------------|--------|--------------|
| Deadline: 4/30 |        | \$949        |

#### **CNA 21 Skills Recertification**

If you have not provided nursing or nursing-related services for pay in 24 consecutive months, you will need to recertify. To recertify, review your skills during a three-hour Illinois Department of Public Health approved evaluation session, and then schedule a three-hour on-site clinical session with a Parkland College instructor at a long-term care facility. Your on-site clinical session will be scheduled with the instructor during the classroom portion.

#### IMPORTANT

You must follow these steps prior to attending your scheduled 21 Skills Recertification class:

- 1. Go to Nurse Assistant website: http://www.parkland. edu/healthprofessions/nurseasst.aspx
  - Complete Health CareWorker Background Check (Authorization Form)
  - Submit to Rachel Delaney, 1309 N. Mattis Champaign, IL 61821, 217/353-2760
- 2. Pick up Livescan Request from Health Professions Office at 1309 N. Mattis, Champaign
  - This is received after the Health Care Worker Background Check is turned in and processed.
  - This entry may or may not be able to be done at the time you turn in your Background Check, and may require you to return to obtain your Live Scan Request Form.

#### 3. Complete fingerprints at Accurate Biometrics

- Accurate Biometrics, Huntington Towers 201 West Springfield Street, Suite 207, Champaign, Illinois 61820
- Mondays and Thursdays, 9 AM-12:30 PM and 1-5 PM are the best times to go to Accurate Biometrics.
- Do not throw away your proof of fingerprints.

### 4. Bring proof of completed fingerprints to your scheduled class.

| 5/17           | Thu 6–9 PM     | WBT-501 003 |
|----------------|----------------|-------------|
| Deadline: 5/10 | HP-H109 & H111 | \$175       |

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#### **CPR for Health Care Providers-Instructor Led**

Complete a four-hour traditional instructor-led class, hands-on skills session, and skills test with an American Heart Association instructor. Upon successful completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card. You are required to receive the CPR Provider Manual one week before attending class. You will be emailed an access code for the e-book manual on the deadline. You will have a hard copy to use during class.

If you prefer a hard copy in exchange for an e-book, it MUST be picked up at Business Training & Community Education at least one week before class.

Effective January 1, 2018 the American Heart Association will only be issuing e-cards for all students completing this course. After the completion of your course, please watch your email for notice from the American Heart Association. You must claim your card in order to make it valid. Please read the email carefully, it is your responsibility.

| 3/31                   | Sat 8AM–noon         | WBT-491 004            |
|------------------------|----------------------|------------------------|
| Deadline: 3/24         | \$69                 | HP-H102                |
| 4/7                    | Sat 8AM-noon         | WBT-491 005            |
| Deadline: 3/31         | \$69                 | HP-H102                |
| 5/5                    | Sat 8AM–noon         | WBT-491 006            |
|                        |                      |                        |
| Deadline: 4/28         | \$69                 | HP-H102                |
| Deadline: 4/28<br>5/12 | \$69<br>Sat 8AM–noon | HP-H102<br>WBT-491 007 |
|                        |                      |                        |
| 5/12                   | Sat 8AM-noon         | WBT-491 007            |
| 5/12<br>Deadline: 5    | Sat 8AM-noon<br>\$69 | WBT-491 007<br>HP-H102 |

#### **CPR FAQs**

#### How soon should I register for a CPR course?

Classes fill fast! Your program deadline will affect your certification needs. Please contact your program manager for the deadline. If you choose to complete option 1, your online certificate of completion is valid for only 60 days. You must complete the hands-on skills portion within 60 days.

How long is my CPR card valid? Your card is valid for two years.

**Do I need a book?** Yes. Textbooks are an integral part of CPR education before, during, and after the course. You may reuse your textbook during renewals or updates until new science guidelines are published.

When will I receive my CPR Card? It typically takes two to three weeks to process. If you need proof sooner, your instructor can issue you a temporary card upon successful completion of the course

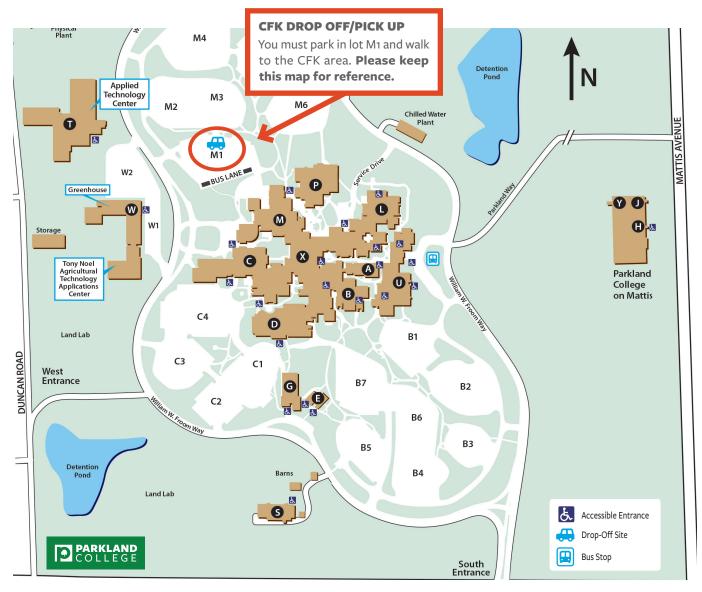
#### **CPR for Health Care Providers-Hybrid**

Complete HeartCode BLS at http://www.onlineaha.org, print your certificate of completion, and bring it with you to class. Fee is \$28.50 (to be paid online). Register for one of the following to complete a hands-on skills session and skills test with an American Heart Association instructor. Upon successful completion, you will be issued an American Heart Association BLS Healthcare Provider Course Completion Card.

Effective January 1, 2018 the American Heart Association will only be issuing e-cards for all students completing this course. After the completion of your course, please watch your email for notice from the American Heart Association. You must claim your card in order to make it valid. Please read the email carefully, it is your responsibility.

| 3/20           | Tue 5:30–6:30 PM | WBT-500 010 |
|----------------|------------------|-------------|
| Deadline: 3/13 | \$69             | HP-H102     |
| 3/20           | Tue 6:30–7:30 PM | WBT-500 011 |
| Deadline: 3/13 | \$69             | HP-H102     |
| 4/3            | Tue 5:30–6:30 PM | WBT-500 012 |
| Deadline:      | \$69             | HP-H107     |
| 4/3            | Tue 6:30–7:30 PM | WBT-500 013 |
| Deadline: 3/13 | \$69             | HP-H107     |
| 4/17           | Tue 5:30–6:30 PM | WBT-500 014 |
| Deadline: 4/10 | \$69             | HP-H107     |
| 4/17           | Tue 6:30–7:30 PM | WBT-500 015 |
| Deadline: 4/10 | \$69             | HP-H107     |
| 5/1            | Tue 5:30–6:30 PM | WBT-500 016 |
| Deadline: 4/24 | \$69             | HP-H107     |
| 5/1            | Tue 6:30–7:30 PM | WBT-500 017 |
| Deadline: 4/24 | \$69             | HP-H107     |
| 5/15           | Tue 5:30–6:30 PM | WBT-500 018 |
| Deadline: 5/8  | \$69             | HP-H102     |
| 5/15           | Tue 6:30–7:30 PM | WBT-500 019 |
| Deadline: 5/8  | \$69             | HP-H102     |
| 6/5            | Tue 5:30–6:30 PM | WBT-500 020 |
| Deadline: 5/29 | \$69             | HP-H102     |
| 6/5            | Tue 6:30–7:30 PM | WBT-500 021 |
| Deadline: 5/29 | \$69             | HP-H102     |
| 6/19           | Tue 5:30–6:30 PM | WBT-500 022 |
| Deadline: 6/12 | \$69             | HP-H102     |
| 6/19           | Tue 6:30–7:30 PM | WBT-500 023 |
| Deadline: 6/12 | \$69             | HP-H102     |

#### **PARKLAND CAMPUS MAP**



- A Business Office, Public Safety, Human Resources
- B Business/Computer Science and Technologies Department
- C Fine and Applied Arts Department, Humanities Department, Harold and Jean Miner Theatre, Second Stage
- D Campus Technologies, Center for Academic Success, Center for Excellence in Teaching and Learning, Computer Technology Center, Conference Center, Learning Support Division, Professional Development and Instructional Technology, Social Sciences and Human Services Department, Photography and Graphic Design
- E Adult Basic Education/Literacy Center
- G Child Development Center
- L Health Professions Division
- M Agriculture/Engineering Science and Technologies Department
- P Donald C. Dodds, Jr. Athletic Center (Gymnasium, Athletics, Fitness Center)
- R Library (Above X)
- S South Building
- T Parkhill Applied Technology Center (Agricultural/Engineering Science and Technologies Department)
- U Student Union (Administrative Offices, Admissions and Records,

Assessment Center, Bookstore, Cafeteria, Career Center, Career and Technical Education Division, Cashier Office, Counseling and Advising Center, Dean of Enrollment Management, Dean of Students, Disability Services, Dual Credit, Financial Aid and Veteran Services, Foundation, Grants and Contracts, Institutional Accountability and Research, Student Life, TRiO/Student Support Services, Wellness Center)

- W West Building (Tony Noel Agricultural Technology Applications Center, Diesel Power Equipment Technology, Prairie Gardens Plant Lab/Greenhouse Complex)
- X Arts and Sciences Division, College Center, Giertz Gallery, Educational Video Center, Mathematics Department, Natural Sciences Department, PCTV, WPCD
- Parkland College on Mattis—Business Training and Community Education (J), Construction Education Alliance (Y), Health Professions (H), Workforce Development (I)
- Accessibility Location of mechanical doors for persons with disabilities: Entrance X2 southwest of B Wing, between B and X • Southwest entrance to C Wing • West entrance to D Wing • North entrance to M Wing • West entrance to P Wing • Door to lobby A Wing • East entrances to U Wing

### **REGISTER NOW!**

#### How to Register

#### **5 Easy Ways to Register**

Many classes have limited seating. Register early!

- 1. Online
  - NEW!

Use your computer, tablet, or phone to register online, 24 hours a day!

#### Go to www.parkland.edu/btceRegister

#### 2. In Person

Business Training & Community Education 1315 N. Mattis Ave., Champaign Mon–Fri, 8 AM–5 PM (college closed on Fridays, Jun 18–Aug 10)

#### 3. Mail

Parkland College BTCE 1315 N. Mattis Ave. Champaign, IL 61821 1. Fill out the enclosed enrollment form and include

payment (credit/debit card number or enclose check).

2. Make check payable to Parkland College.

#### 4. Phone

217/353-2055

#### 5. Fax

217/351-5928

#### Payment

- Payment is due at the time of registration.
- Acceptable forms of payment are Visa, MasterCard, Discover, American Express, check, money order, and cash.
- Payment by your company must be authorized on your account.

#### Refunds

- An automatic refund is made if Parkland College cancels a class.
- To withdraw your registration before a class starts, please call 217/353-2055.
- Refunds will be issued to students who drop the class at least one business day prior to the class start date.
- No refunds will be issued for classes dropped on or after the class start date.

#### Location

Please note the location of your class. Classes are held at Parkland College and offsite locations.

#### **Disability Statement**

If you believe you have a disability for which you may need an accommodation (i.e., use of assistive technology or other classroom assistance), please contact the Office of Disability Services, Parkland College, room U260, 217/353-2338 or disabilityservices@parkland.edu.

#### **Corporate Clients**

Let us customize classes at your location or ours at times that best fit your needs. Contact our team, Brooke Ohlsson or Dave Webb at 217/351-2235 or at btce@parkland.edu.

#### 100% Satisfaction Guarantee

If you are not completely satisfied with your class/experience, we will gladly enroll you in a course of equal value. You may also request a full refund by contacting our office within 10 business days of course completion at 217/351-2235.



Use your computer, tablet, or phone to register online, 24 hours a day: www.parkland.edu/btceRegister

Parkland College ensures equal educational opportunities are offered to all students regardless of race, color, national origin, gender, gender expression, disability, sexual orientation, veteran/Vietnam veteran era, age, or religion, and is Section 504/ADA compliant. For additional information or accommodations, call 217/351-2551.

#### **REGISTER NOW!**

|                                       | N                         | oncredit Registratic                                      | on • April     | –June 20      | 018                    |     |      |      |        |           |          |
|---------------------------------------|---------------------------|---|----------------|---------------|------------------------|-----|------|------|--------|-----------|----------|
| PLEASE REGISTE                        | ER ME FOR:                | PERSONAL INFORMA  | TION           |               |                        |     |      |      |        |           |          |
| 1.                                    |                           | Name (last)   |                | (             | first)                 |     |      | (ini | itial) |           |          |
| Course number                         | Fee                       | Address (street)  |                |               |                        |     |      |      |        |           |          |
| Course title                          |                           | -   |                |               |                        |     |      |      |        |           |          |
| 2                                     |                           | City/State/Zip  |                |               |                        |     |      |      |        |           |          |
| Course number                         | Fee                       | Email address   |                | ŀ             | Home pho               | one |      |      |        |           |          |
| Course title                          |                           | -   |                |               |                        |     |      |      |        |           |          |
| 3<br>Course number                    | <br>Fee                   | Mobile phone  |                | V             | Vork pho               | ne  |      |      |        |           |          |
|                                       |                           | Birthdate   |                |               |                        |     |      |      |        |           |          |
| Course title                          |                           |   |                |               |                        |     |      |      |        |           |          |
| 4<br>Course number                    | Fee                       | Amount of check enclosed<br>(payable to Parkland College) |                |               | mount cl<br>redit carc |     | l to |      | Exp    | . date    |          |
| Course title                          |                           | \$  |                | \$            | 5                      |     |      |      |        | 3-digi    | t code c |
|                                       |                           | Card Number: 🔲 Visa 🔲 [                                   | Discover 🖵 M   | asterCard     |                        |     |      |      |        | back of c |          |
| 5<br>Course number                    | Fee                       |   |                |               |                        |     |      |      |        |           |          |
| Course title                          |                           | <b>OPTIONAL</b><br>Employer                               |                |               |                        |     |      |      |        |           |          |
| 6<br>Course number                    | Fee                       | Job title   |                |               |                        |     |      |      |        |           |          |
| Course title                          |                           | - Industry  |                |               |                        |     |      |      |        |           |          |
| TOTAL                                 | \$                        | -   |                |               |                        |     |      |      |        |           |          |
| VOLUNTARY INF                         | FORMATION                 | YOUR SIGNATURE I  | S REQUIRI      | ED            |                        |     |      |      |        |           |          |
| (for state reporting GENDER           | g purposes only)          | I certify that the above stat                             | tements are co | orrect and co | omplete.               |     |      |      |        |           |          |
| Male      Femal                       | le                        |   |                |               |                        |     |      |      |        |           |          |
| ETHNIC DESCRIPTI                      | ION                       | SIGNATURE   |                |               |                        |     |      |      |        |           |          |
| <ul> <li>Non-Hispanic/La</li> </ul>   | atino                     | DATE  |                |               |                        |     |      |      |        |           |          |
| For Non-Hispanics                     |                           | DATE  |                |               |                        |     |      |      |        |           |          |
| American Indian                       | or Alaskan Native         |   |                |               |                        |     |      |      |        |           |          |
| Asian                                 |                           |   |                |               |                        |     |      |      |        |           |          |
| Black or African-                     |                           | Mail completed and sig                                    | ned form wit   | th payment    | to:                    |     |      |      |        |           |          |
| <ul> <li>White/Caucasian</li> </ul>   | or Other Pacific Islander | Mail Desistanting   |                |               |                        |     |      |      |        |           |          |
| <ul> <li>Non-resident alie</li> </ul> |                           | Mail Registration<br>Business Training & Comm             | unity Educatio | n             |                        |     |      |      |        |           |          |
| How did you hear a                    |                           | 1315 N. Mattis Ave.                                       | inty Luucation |               |                        |     |      |      |        |           |          |
| Noncredit sched                       |                           | Champaign, IL 61821-1818                                  |                |               |                        |     |      |      |        |           |          |
| Business Training                     |                           | FAX: 217/351-5928   |                |               |                        |     |      |      |        |           |          |
| Internet search                       | -                         |   |                |               |                        |     |      |      |        |           |          |
| Facebook/Social                       | media                     |   |                |               |                        |     |      |      |        |           |          |
|                                       |                           |   |                |               |                        |     |      |      |        |           |          |

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# Try something NEW!







**NEW** Computer Animation, p. 16

**NEW** Mindful Eating, p. 20

**NEW** Things to Do Before I Kick the Bucket, p. 20

### NEW

Exclusive Management: Breaking Barriers to Success, p. 36

### NEW

Drones: Photography and Video Production, p. 37

### NEW

Manager's Toolbox, p. 40

- Nuts and Bolts
- New Manager Challenges
- Handling Conflict
- Morale and Inspiration

### business training & community education

AT PARKLAND COLLEGE 1315 North Mattis Avenue, Champaign, IL 61821-1818

Personal and professional development opportunities to transform lives.

Non-Profit Org. **U.S. POSTAGE PAID** Champaign, Illinois Permit No. 268

### register online @ www.parkland.edu/btceRegister

## **OPEN HOUSE**



### **O D** Business Training & Community Education invites you to sample our programs!

#### Thu, April 12 | 3-7pm | 1315 N. Mattis Ave., Champaign

Sample a number of our programs for FREE. This event will give you an opportunity to try personal and professional development classes including cooking, social media, wellness, travel, leadership, and creative expressions.

To participate, preregistration is necessary. Register online at www.parkland.edu/btceRegister and search for Open House.

#### Participants will receive a 10% discount on select class registrations during the event!

\*Discount applied only to walk-in registrations received during the event. Discount cannot be combined with other discounts and does not apply to some programs.